

The Six Food Groups

Instructions: For each food, write the name of the food group that it belongs to.

Food	Food Group
1. Grapefruit	
2. Rice	
3. Pumpkin	
4. Coconut Milk	
5. Peanuts	
6. Tuna Fish	
7. Plantain	
8. Bacon	
9. Ochro	
10. Avocado	
11. Egg	
12. Yogurt	