

4 Find these words and phrases (1–8) in the text and Ex 3 and match them with the meanings (A–H).

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|----------------------------|---|
| 1 weird (para 1) | A the need people have to buy goods or services |
| 2 in reality (para 2) | B the foods you use to make a particular dish |
| 3 demand (para 3) | C be affected by |
| 4 manual (para 3) | D different from what people think |
| 5 pick up (para 3) | E foods that are needed by the body |
| 6 ethical (para 4) | F strange and unusual |
| 7 ingredients (sentence B) | G morally correct and right |
| 8 nutrients (sentence G) | H using your hands |

5 Complete the sentences with words from Ex 4.

- 1 There are almost no in chocolate, so you should only have it as a treat.
- 2 A lot of people think organic food is extremely expensive, but , the prices aren't too high.
- 3 That vegetable looks really What on earth is it?
- 4 I think I've the illness from something I've eaten.
- 5 We've stopped selling organic food as there is no for it in this area – people grow their own!
- 6 What are the in Spaghetti Bolognese? Does it have tomatoes in it?
- 7 I wasn't looking forward to helping Dad dig up the garden, but after a morning of work I feel great!
- 8 Sheila decided that she would become a(n) shopper to help protect the environment.