

# ADVERBS of FREQUENCY

- Complete these sixteen sentences to score your knowledge of **ADVERBS OF FREQUENCY**.

- I seldom visit my relatives, so I ... see my uncle John.**  
a) usually  
b) almost never  
c) almost always
- I'm never late for our English class. I'm ... on time.**  
a) often  
b) usually  
c) always
- James goes to the beach only once a year. He ... goes to the beach.**  
a) almost never  
b) never  
c) sometimes
- My sister often ... a book in the evenings.**  
a) reads  
b) read  
c) is reading
- I ... eat junk food because I know it's not very healthy.**  
a) always  
b) sometimes  
c) seldom
- ... we go to the gym to exercise, maybe two or three days a week.**  
a) Rarely  
b) Sometimes  
c) Always
- I ... watch cartoons because I hate them. News shows are much better.**  
a) almost always  
b) sometimes  
c) never
- They always ... to bed early because they always get up early.**  
a) go  
b) will go  
c) goes
- I went to a restaurant last week, but I ... eat at home.**  
a) usually  
b) seldom  
c) always
- She doesn't ... finish work early because she is often busy.**  
a) never  
b) usually  
c) always
- It ... snows where I live, so I never make a snowman.**  
a) sometimes  
b) never  
c) always
- We visit our grandparents three or four times ....**  
a) the month  
b) month  
c) a month
- He almost never sees a doctor because he is ... sick.**  
a) almost always  
b) usually  
c) seldom
- Do you ... travel to other countries on your summer holiday?**  
a) ever  
b) never  
c) how often
- I ... study very hard, so I usually get high grades in school.**  
a) always  
b) rarely  
c) almost never
- He's never angry. He ... has a smile on his face.**  
a) never  
b) always  
c) seldom