BELIEVE IN YOU

STRENGTHS

(Things you are good at and can contribute)

Things you do when you are focused on strengths

WEAKNESS

(Things you struggle with)

Things you do when you struggle

Based on the things you are good at and not so-good at, and your overall goal, create two SMART goals that you hope to achieve. (SMART Goals are: Specific, Measurable, Achievable, Realistic, Timely.)

1.

2.