You :What time do you get up on Mondays?
Your friend: I get up at seven o'clock.
You :My friend gets up at seven o'clock on

Mondays.

MONDAY	get up at:
TUESDAY	get up at:have breakfast at:go to school at:
WEDNESDAY	get up at: go to school at: come back from school at:
THURSDAY	get up at:have lunch at:
FRIDAY	get up at: take a course at: visit uncle/aunt, etc. at:
SATURDAY	get up at: attend a traditional dance course at: