

I. Reading

Young volunteers: Four young people talk about the projects they volunteered on.**A**

Last year, I went to help with the conservation of endangered species in the Galapagos Islands. I've always been fascinated by the animals that live there. Unfortunately, the fact that over 80,000 tourists visit the islands each year means that the rubbish that they leave on beaches can harm the giant tortoises and seabirds. At first, I monitored the Galapagos Petrel, which builds its nests where the native miconia plants grow. Humans have introduced non-native plants, like the guava tree, which stop miconia from growing freely and so are a threat to this unique bird, as are the black rats that live in the rubbish-strewn urban areas on the islands. After a week of counting, tagging and measuring these birds, I then worked in the giant tortoise breeding centre. This is the only protected area on the islands and tortoises are bred and kept safe here. I helped repair nests and ponds and also fed the tortoises. They eat the otoi plant, so we planted lots of these. I also went into local schools to talk about how schoolchildren can help this endangered species to survive.

B

As part of my Duke of Edinburgh Gold award, I went on an expedition to Base Camp at the foot of Mount Everest to clear up the rubbish left by many groups of climbers. Each year, around 100,000 walkers and climbers visit the area and damage the precious ecology of the mountain. Since 2014, climbers have had to fill canvas bags left on the mountain with the rubbish left by previous visitors to the area. The bags are then taken away by helicopters at no extra cost as these fly to the mountain to drop climbing ropes and used to return empty. To date, over sixteen tonnes of waste including oxygen tanks, tents, eating utensils and other camping materials have been taken away, but there is still more to do to return this famous location to its pure and clean condition of earlier times.

C

Most people think it rains all the time in Britain, which isn't true, but at times it can seem like it does. Sometimes we get too much rain and it floods. In December 2015, the city of Carlisle and the surrounding villages in the north of England experienced devastating floods after Storm Desmond hit the area. Luckily, my family lives in a village on a hill so we weren't affected. But when I saw that local children had had to leave their homes with their parents and sleep in the sports hall of their school, I decided to do something to help. I went to the flood relief centre and distributed hot meals that other volunteers had cooked. I am a bit of a whizz at building websites, so I made one that asked people to donate clothing, shoes, food and toys to be given to flood victims. There were also a lot of elderly people whose homes were flooded and they said it was the worst flooding they had seen since 1947.

D

I live in a town near London, but my uncle and aunt live on a farm in Devon and I go to visit them in the school holidays. I love helping to feed and care for the animals, so when I heard that Hackney City Farm in the centre of London was looking for volunteers, I jumped at the chance. I like working with children so I help at the Mini Farmers Club every Saturday morning. We make arts and crafts and get to know the animals. Some children have never seen a live farm animal until they come to the farm so it is wonderful to see their faces light up when they can stroke the goats and cows. They also learn about where foods like milk, cheese and meat come from as some think they are made in supermarkets! It's not just the children that we help –adults who want to learn how to grow fruit and vegetables come to gardening sessions. I can only help on these during the school holidays, and I meet a lot of retired people. Some of them tell me they feel isolated and like getting out and meeting people. The farm is always looking for volunteers, so what are you waiting for?

1. You are going to read an article about four young people who have volunteered to help on different projects. For questions 11–17, **choose from the people A–D**. The people may be chosen more than once.

Which person/people:

- 1 was determined to assist the victims of a natural disaster?
- 2 refers to the negative effects of mass tourism on native species?
- 3 reports that some people in the community recognise how the project helps them?
- 4 describes a regular commitment to volunteering with children?
- 5 mentions the requirement to help to tidy up the environment?
- 6 had the opportunity to educate the next generation about conserving their environment?
- 7 reports that similar conditions had not been seen for generations?

II. Listening

1. You are going to listen to a boy called Andy Johnson talking about his experience of being colour blind. For questions a–j, **complete the sentences with a word or short phrase.**

- a. Andy discovered that fewer suffer from colour blindness than he'd expected.
- b. Andy is more worried about buying the right colour than other things.
- c. Andy describes how he found the test for colour blindness at school as
- d. Andy can't understand why some people think that is the only colour he can see.
- e. According to Andy, it's awkward if he can't see which a football referee is showing him.
- f. Andy once put on his meal, which made him feel silly.
- g. Andy says he makes sure he looks at the on his tablet to check the battery life.
- h. According to Andy, used at pedestrian crossings are more helpful than symbols.
- i. Andy gives the example of his cousin who contacts his wife by to check what clothes to wear.
- j. Andy describes himself as being definitely more as a result of his condition.

III. Grammar

1. Complete the text with the correct **present form** of these verbs.

change	help	know	live	make	train	walk	wonder
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Guide Dogs for the Blind

(1)..... you ever what it is like to be unable to see? In the UK, there are two million people at the moment who (2)..... with sight loss. Since 1934, the charity Guide Dogs for the Blind (3)..... blind people to live an independent life and has trained thousands of guide dogs. The charity breeds puppies and (4)..... them so that they can be placed with a blind person.

Christine Wells (5)..... just what a difference having a guide dog makes. She began to lose her eyesight when she was five and by the time she was nine she was using a white stick, which she hated. In 2012, Christine was matched with Bonnie. 'Bonnie (6)..... me feel completely better since I got her. I feel totally confident with her.' Christine now lives the life of an outgoing teenager and (7)..... to college every day with Bonnie. 'Bonnie (8)..... my life completely. I haven't looked back since I got her.'

2. Complete the sentences with the correct **comparative form of the adjectives** in brackets.

- a. My brother is (lazy) than me. Mum has to shout at him to get up and run to school.
- b. I study (efficient) in the morning. I prefer that time of day.
- c. My dad speaks English (bad) than me. He didn't have many lessons at school.
- d. My history teacher is (knowledgeable) teacher in my school. He's an expert on everything.
- e. Can you shut the window? It's (noisy) in here. I can't hear!
- f. Reading is difficult for dyslexic learners. They don't read (quick) as their peers.
- g. I feel (stressed), now I have finished my exams. I was so nervous, but now I'm relaxed.

3. Choose the correct words to complete the sentences.

- 1 St Ives in Cornwall **would / used to** be a fishing village. Now it's a very busy holiday resort.
- 2 By the time our flight finally **landed / was landing**, we **didn't eat / hadn't eaten** for twelve hours.
- 3 Helen **was riding / rode** her bike downhill when she **hit / was hitting** a cat that ran in front of her.
- 4 They **were going to ride / had been riding** on the London Eye but it **was / had been** fully booked.
- 5 'Now, **have you done / were you doing** your homework, all of you?' **asked / was asking** our teacher.
- 6 Kurt **had been planning / was planning** to go to the USA, when he **had won / won** a week's holiday.
- 7 I **was / had been** late for my exam and by the time I got to school, the teachers **had finished / had been finishing** taking in all the exam papers.

IV. Vocabulary

1. Complete the sentences with these words.

anxious delighted insulted moved petrified strong-willed tense understanding

- a. I was ill last week and my teacher was very when I asked for more time to do my homework.
- b. I was really by the story of the boy who saved all his pocket money to help other children. I had a tear in my eye.
- c. I've never been so ! He said my painting looked like a five-year-old's!
- d. Hannah is very She will do something no matter what it takes.
- e. I was that I was going to miss my flight, but in the end I got to the airport in time.
- f. James is absolutely of spiders. He can't even look at a photo of one.
- g. My mum was absolutely with the flowers we bought her for Mother's Day.
- h. Even though Grant was tired, he was too to sleep. He couldn't relax.

2. Choose the correct words to complete the sentences.

- a. I'm so excited! We're going on holiday to Peru. My mum **booked / ordered** the flights last night.
- b. Apps like Duolingo allow you to learn **daily / everyday** words in another language before your holiday.
- c. You can use your mobile to **keep / guard** a record of where you go and what you do on holiday.
- d. I don't want to **lose / spend** time queuing to see the sights. I'm going to pre-book my tickets on the internet.
- e. Danny **achieved / succeeded** his goal of climbing Rysy, the highest mountain in Poland.
- f. Walking on ancient ruins causes severe **damage / casualty** to the stones in the parts of the ruins that are left.
- g. Tourism can have a negative **reaction / impact** on the country visited and cause an increase in pollution or prices.
- h. The popularity of **mass / multitude** tourism destinations can mean there are too many tourists in places like Venice.
- i. I hope we don't **meet / run** into problems at the airport. Last year, our flight was delayed by eight hours!

V. Use of English

1. Complete the second sentence so that it has a similar meaning to the first sentence using the word given. Do not change the word given. Use between two and five words, including the word given.

1. Harry can't swim as fast as Joe.

SWIMS

Harry Joe.

2. I am worse at sport than my brother.

GOOD

I am not my brother.

3. I've never been so angry.

EVER

That's the been.

4. I couldn't understand the guide because he spoke too quickly.

SLOWLY

The guide didn't speak understand him.

5. The film was too dull to watch again.

INTERESTING

The film was to watch again.

2. Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.

What is parkour?

Parkour is a non- (1)..... activity that developed from army training in the 1980s which was designed to improve (2)..... Those who do it aim to get from one point to another as quickly and efficiently as possible. They do this by only using their physical (3)....., through running, jumping and climbing.

Basically, any movement that only uses the body is (4).....

Parkour develops strength, spatial (5)..... and creativity. The sport

aims to build (6)....., self-discipline and self-reliance as well

as (7)..... for one's actions. It encourages respect for others and

one's environment and highlights the importance of play, discovery

and (8)..... at all times. As with many sports and physical activities, there

is a risk of (9)..... or even death and those doing parkour need to accept this

risk. But the sense of (10)..... that free runners feel after completing

a course cannot be matched.

COMPETE

FIT

ABLE

ACCEPT

AWARE

CONFIDENT

RESPONSIBLE

SAFE

INJURE

ACHIEVE

3. Choose the correct articles to complete the text. If no article is needed, choose '-'.

For most teenagers like you, (1) **a / an / the / -** ideal travelling companions are unlikely to be your parents. However, the family holiday is still a reality for most teens under (2) **a / an / the / -** age of eighteen. So, what can you to avoid being taken to (3) **a / an / the / -** remote cottage where there is (4) **a / an / the / -** nothing to do? Well, you could ask your parents to take you to New York. (5) **A / An / The / -** street culture is lively and the Museum of Modern Art is ultra-cool, with (6) **a / an / the / -** exhibitions by well-known artists. If staying in (7) **a / an / the / -** hotel will break the budget, your parents can rent (8) **a / an / the / -** apartment, where you can save (9) **a / an / the / -** money by sometimes having meals there. The city doesn't disappoint when it comes to food. You can have (10) **a / an / the / -** intergalactic meal at the restaurant Mars 2112 which is designed around the Red Planet. So what are you waiting for? Ask your parents to take you to the Big Apple now.

4. Read the article and decide which answer (A, B, C or D) best fits each gap.

Cadiz, in the south of Spain is a (1) destination for Spanish and (2) tourists. In February, the residents of Cadiz (3) Carnival for two weeks and the city has to cope (4) huge numbers of holidaymakers. The old town becomes full of people dressed (5) in exotic costumes and bands that sing carnival songs. This sort of tourism (6) money, but it has a negative (7) , too. The next morning, the streets are filled with rubbish and the bin men have to clean up the streets as the partygoers aren't concerned with responsible (8) disposal. In summer, tourism is centred around the new town and Victoria beach. Families and friends (9) most of their time sunbathing on the sandy beach, eating and drinking at the cafes and restaurants, and swimming in the cool sea. Cadiz should be at the (10) of anyone's list if they want a fun or beach holiday.

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|------------------|--------------|----------------|---------------|
| 1 A mass | B public | C popular | D social |
| 2 A neighbouring | B exotic | C local | D foreign |
| 3 A celebrate | B party | C entertain | D festival |
| 4 A for | B with | C on | D from |
| 5 A to | B into | C up | D over |
| 6 A brings in | B brings off | C brings under | D brings into |
| 7 A shock | B meeting | C contact | D impact |
| 8 A mess | B waste | C basket | D destruction |
| 9 A involve | B run | C spend | D invest |
| 10 A top | B summit | C capital | D roof |

VI. Writing (GOOGLE CLASSROOM)

Choose one of the following tasks and write it in 140-190 words.

A.



TEENAGE X EXCHANGE

Tell us what you think!

We organise trips for groups of international students. We're looking for reviews of events that young people can go to in your area.

Tell us about an event you have been to. In your review describe your experience, positive or negative, and say whether or not you would recommend it to people of your age.

B.

You have seen this announcement on an English-language website. Write your article in 140-190 words, using an appropriate style.

Have you been on a memorable journey?

What good or bad things happened to you while you were travelling?

Send us your article and best will be published on our website next month.