FCE – USE OF ENGLISH TEST (UNIT 5)

1) Choose the correct words to complete the sentences.

1 Dad's arranged **visit** / **to visit** the Wimbledon Lawn Tennis Museum next month.

2 I'm so glad you encouraged me **to take** / **taking** up snowboarding.

3 Sami goes for a fifteen-minute walk every weekend so as **maintaining** / **to maintain** her fitness.

4 It's difficult **to get** / **get up** at 5 a.m. on a dark winter's morning to go out running.

5 I'm not good at staying hydrated, but Mum makes me **drink** / **to drink** six glasses of water a day.

6 It's true that **take** / **taking** part is more important than winning.

7 Joe's tennis coach insists on him **to have** / **having** one day of rest every week.

8 How did you feel when the PE instructor suggested **doing** / **to do** a cross-country run?

2) Complete the sentences with the correct form of the verbs in brackets.

1 On the way to the dance studio, we stopped ..... (talk) to some friends.

2 Do you remember ..... (tell) me about the basketball match last night?

3 Millie doesn't regret ..... (book) a place on the skiing course.

4 Apologies – I forgot ..... (bring) my football kit with me.

5 Remember ..... (get) some sponsors for your charity swim.

6 I tried ..... (drink) an energy drink every day but it didn't make me feel any more energetic!

7 I think we should stop now ..... (put on) our wet weather clothes.

3) Complete the second sentence so that that is has a similar meaning to the first sentence using the word given. Do not change the word given. Use between two and five words, including the word given.

1 I prefer saving my money to spending it.

RATHER

I..... than spend it.

2 The physiotherapist said Mum ought to get a personal trainer.

BETTER

The physiotherapist said Mum..... a personal trainer.

3 In my opinion, you should work on your self-confidence, starting now.

TIME

In my opinion, ... on your self-confidence

4 I'm sorry I entered the abseiling event last week!

REGRET

I..... the abseiling event last week!

5 James hasn't gone to the gym for five years.

STOPPED

James..... five years ago.

4) **Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.**

Get fit!	
Whilst we can't all be professional athletes, with a bit of **(1)** ..... ,	**ENCOURAGE**
we can all improve our fitness surprisingly quickly. So, if you're someone	
who feels some **(2)** ..... when you watch sport and see the top-class	**FRUSTRATE**
(3) ..... of the competitors, why not do something about it?	**PERFORM**
The first step is actually making the **(4)** ..... to make a few changes to	**DECIDE**
your habits and patterns of **(5)** ..... . We're talking here about a few	**BEHAVE**
simple and **(6)** ..... ideas which will make a difference.	**EXPENSE**
For example, use the stairs instead of taking the lift, get off the bus one	
stop earlier. I'm a **(7)** ..... , but I'm sure these things are changes	**REAL**
most of us can make, and the results can exceed your **(8)**	**EXPECT**
You will notice a difference very quickly. Try not to be too **(9)** ..... , –	**PATIENT**
your body needs to adjust over time, but you'll see definite **(10)** ..... before long.	**IMPROVE**