Understanding Your Medication

1) Lee la información sobre tipos de medicación. Escribe el título que le corresponde a cada una.
TRADITIONAL MEDICINE - NATURAL HEALTH PRODUCTS

Types of Medication:

- **Prescription medicines** – such as antibiotics, blood pressure and other medicines which are obtained with a prescription
- **Over the counter medicines (OTCs)** – such as allergy medicines, cough and cold medicines
- **Vitamins and minerals**
- , – such as herbals, homeopathic medicines
- – which could include medicines specific to certain cultures or countries

2) Arrastra el nombre a cada imagen.

LIQUIDS - INJECTIONS - INHALERS/PUFFERS - SUPPOSITORIES - TABLETS - CREAMS/OINTMENTS - CAPSULES EAR/EYE DROPS - PATCHES - NASAL SPRAYS -

3) Estudie las siguientes abreviaciones

The Information in Your Prescription

It is a good idea to make sure that you can read and understand what is written on your prescription before you leave your doctor's appointment or pharmacy. You should know which medicine you are being prescribed and how you are supposed to take it.

These are some commonly used abbreviations that you may find on a prescription for when to take your medicine.

BID - twice a day	**Q12H** - every 12 hours	**SL** - under the tongue
TID - three times a day	**QAM** - every morning	**ung** - ointment
QID - four times a day	**PO** - by mouth	**ac** - before meals
HS - at bedtime	**PRN** - as needed	**pc** - after meals
Q4H - every 4 hours	**UD** - as directed	**STAT** - right away

4) Lea las siguientes observaciones

Observation – Patient Medications –

Brighton Central Hospita

Paul White
Mr. White requires hydrocortisone **QOD**.

Robert Green
Give Mr. Green 200 mg of acetaminophen **TID**.
These should be taken **ac** with water.

Greg Anderson
Mr. Anderson requires injections frequently – **QID**.
If his heartbeat is irregular, give him a 25 cc injection of lidocaine **stat.**
Notify the physician on call right away.

Anne Smith
Mrs. Smith can have ibuprofen **PRN**. She must take it **pc**, so bring some food with it. She should also take her antibiotics **qhs**.

Carol Thompson
Ms. Thompson needs steroid injections **BID**, in the morning and night.
Her I.V. drip should be exchanged **q h**.

5) Determine si los siguientes enunciados son Verdaderos (true) o Falsos (false)

1 _____ El Señor Green debería tomar sus pastillas para la enfermedad del corazón después de comer

2 _____ La Señora Thompson necesita inyecciones de esteroides tres veces al día

3 _____ El Señor Anderson tiene una condición que podría requerir atención inmediata

6) Una las palabras con las definiciones

Match the words (1-5) with the definitions (A-E).

1 __ QID
2 __ QOD
3 __ PRN
4 __ BID
5 __ TID

A given three times per day
B given every other day
C given twice per day
D given as needed
E given four timer per day

7) Escribe una palabra que sea de significado similar a la que está subrayada

Write a word that is similar in meaning to the underlined part.

1 Get that medication immediately! _ t _ _

2 Take this medicine when you go to bed. _ _ s

3 Give Mr. Aimes his meds before he eats. _ _

4 Administer these pills once every hour. _ _

5 Be sure the patient gets her dosage after she eats. _ _