

Complete the space in blanks with the correct answers

## COFFEE

Coffee is popular around the world. (0)\_\_\_\_\_ the past centuries, few subjects have been as carefully studied as coffee. Its (9)\_\_\_\_\_ important component is caffeine and it has lots of benefits.



Coffee has been well-known (10)\_\_\_\_\_ the beginning of the 14<sup>th</sup> century, (11)\_\_\_\_\_ Sufi Yemenis started using coffee to stay alert during special activities. It became a popular medicine (12)\_\_\_\_\_ Europeans in the 1600s.

Caffeine was first (13)\_\_\_\_\_ in the 1800s by Ferdinand Runge, a doctor that found out some effects that coffee has on people.

Some people say (14)\_\_\_\_\_ coffee isn't good, but doctors say you (15)\_\_\_\_\_ believe this. Thanks to caffeine you don't get hungry. Coffee can also reduce headaches and blood problems. (16)\_\_\_\_\_ many people believe coffee is bad, studies show it is good for your heart.