



The Italian Family Today

Reading. Paragraphs 4 and 5

Family meals

Eating as a family is considered important in Italy. Family meals tend to have a slight air of formality. The family will all sit down together on a table that has been carefully set with plates and cutlery and everyone is expected to maintain certain etiquette, such as keeping both hands on the table. Italians also have taboos when it comes to combining certain foods or consuming them at certain times of the day. For instance, a cappuccino should only be drunk with breakfast and not at any other time of day.

Fashion

Italians are very proud of their fashion culture. Many Italian perceive a person's appearance to be a good indicator of their taste and social status. Italians like to dress elegantly in the city; flip flops and jogging bottoms are not appropriate. Choosing attire which reflects the season is also characteristic feature of Italian fashion. Older Italians might tend to wear slightly warmer clothes than their European counterparts, in fear of catching a 'chill' ('frescata'). Florentines (residents of Florence) tend to wear more classic styles, preferring basic colours such as black, brown and white.

Vocabulary

to be considered	أن تعتبر	social status	الحالة الاجتماعية
a slight air of	الهواء طفيف من	elegantly (adv)	بأناقة
formality	الشكليات	flip flops	شباشب
to be set	للإعداد	jogging bottoms	سراويل للجري
cutlery (noun)	السكاكين	appropriate (adj)	مناسب
certain (adj)	المؤكد	attire	ملابس
etiquette	آداب السلوك	to reflect	لتعكس
taboo	المحرمات	characteristic feature	السمة المميزة
when it comes to	عندما يتعلق الأمر	slightly	قليلاً
to combine	جمع	a counterpart	النظير
to consume	تستهلك	in fear of	خوفاً من
to be proud of	لتكون فخوراً بـ	to catch a 'chill'	"لالتقاط" البرد
to perceive	أدرك	a resident	مقيم
appearance	مظهر خارجي	classic style	النمط الكلاسيكي
indicator (n)	مؤشر	to prefer	تفضل

Describe the differences between some older Italians and other European, in the way they

dress. _____

Give an example of an Italian food taboo.
