

**A) Select the correct answers**

1. Water helps to \_\_\_\_\_ the food we eat.
2. Fruits and vegetables keep us \_\_\_\_\_.
3. When we are hungry, we \_\_\_\_\_.
4. This food item helps us to grow \_\_\_\_\_

**B) Drag the pictures**



**BREAKFAST**



**LUNCH**



**DINNER**