

Language functions

Read the passage and answer the questions.

Discipline is the most essential virtue you should acquire when you are young. It is a complex quality. It shapes your mind to religious, social and economic patterns when you grow up to be an active citizen. At a young age, we don't realize the value of discipline, as children, we merely long for unlimited freedom, without understanding the meaning of discipline. An athlete discipline himself and keeps himself fit. He refrains from smoking, observes good food habits and keeps good health. Discipline increases the human energy and implies control, resistance and adjustment. Our energy is saved and made vital for a good output.

(a) The word 'essential' means: (i) necessary (ii)important (iii) compulsory

(b)How does discipline mould a citizen?

(c)Why don't children realize discipline?

(d) What is a complex quality?

(e) Mention some ways in which an athlete maintains discipline.

(f) How is discipline beneficial to human beings?

(g) The word 'Discipline' means: (i) control (ii)dis order (iii) confusion

(h) The word 'smoking' is a----- (i) quality (ii) habit

(i) He refrains from smoking. Here, refrain means (i) start (ii)stop

(j) The word 'resistance' means: (i) submission (ii)protection (iii) surrender