Inspired to Share

inspiration = an event or example that pushes us to be creative

Sometimes we all need a little inspiration. What is surprising is that inspiration can be so easy to find: a shocking photograph, a kind word from a neighbor, a news story, words in a book that seem meant especially for us.

From time to time, we will consider texts, images, and videos that might inspire us to write creatively. Our goal will be to take the ideas in our heads and share them with others so that they, too, can be inspired to think in new ways. This is how positive change begins in our lives and in our world.

This notebook will provide you with a safe place to explore and organize your reactions and thoughts. Here are some guidelines for getting the most out of your experiences here:

1) **THINK** about what you read and see. Moving your eyes across a page or picture is NOT thinking. Thinking means you **notice** how you are feeling about what you see and hear and **ask** yourself questions about how this content **relates** to you and others.

2) If you don't **understand** what you are seeing, hearing, or reading, use the internet– or your friends!- to answer your **questions**. If you don't know an English word, for example, translate it into your native language.

3) Be **STRONG**. If an idea you have is difficult to express, don't give up! Take your time. You may need more than one or two sentences to explain a truly creative thought.

4) Look **DEEP**. Don't take the easy way out! Probably everyone who views a picture or text sees the obvious things, ex. it's about a man, he's tall, he's wearing old clothes. Look for **MORE**: What is special here? What is the context (place, everything around the subject)? What emotions are being expressed? How does this make <u>you</u> feel?

Q1. What is the purpose of this notebook?_____

Q2. List 3 verbs (things to do) to show you're thinking._____

Q3. Tell 2 things to do if you don't understand._____

Q4. How can you look deep?_____

Q5. Why should you be strong?_____