Which Foods are Healthy?
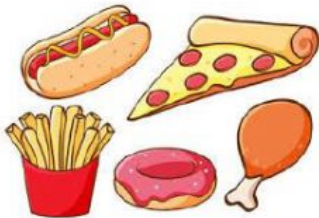
Tick the Healthy food items.

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