

Lesson 4: Daily routines Page : 7

1. What time do you wake up every day ? _____

2. What time do you go to sleep? _____



Key Structure

Preposition of time: at
I wake up **at** 7:30.

Vocabulary

routine, to wake up,
university, secondary school,
go to school, go to bed



1. I wake up _____ 7:30.

2. I go to sleep _____ 10:00

A) Listen and write:

1. Routine : _____

2. Wake up : _____

3. go to school : _____

4. go to bed : _____

5. secondary school: _____

6. university : _____



Activity 2 : listening and reading



Morag

Hi! My name is Morag and I'm from Scotland. I'm in my first year at university. I wake up at _____ am every day. I leave the house at _____ and I get to university at _____. My first class starts at _____. I have lunch at _____ and have dinner at _____. After that, I study. At _____ o'clock I stop, and I watch television. Then I go to bed at _____.

Saeed

Hi! I'm Saeed and I'm from Ras Al Khaimah. I'm a student at secondary school. I wake up at _____ am every day to go to school. School starts at _____ and we have our first break at _____. I have something to eat and talk with my friends. We finish school at around _____ and I go home. At _____ o'clock, I meet my friends to play football. I have dinner at _____ o'clock. I go to bed late – at _____.

Activity 3 : writing --- What is the daily routine of Saeed ?

Time	Activity
	He wakes up.
	He has his first break.
	He goes home.
	He plays football.
	He has dinner.
	He goes to bed.

