

Healthy Body, Healthy Mind

LESSON
1

Words

1 Look and circle.



1. He has a sore shoulder /
stomachache.



2. She has a cough /
is sick.



3. He has a cold /
toothache.



4. She has a cough /
sore neck.



5. He has a cold /
sore shoulder.



6. She has a sore neck /
backache.

KIDS 03

2 Write *must* or *must not* and a verb in the box.

climb run take wear



Hey! You



Excuse me, you
a jacket.



Hey! You
up there.



Stop! You
a shower before
you come in.

KIDS 03

3 Look and write.



1. nice / ice cream / on hot, sunny days



3. healthy / some exercise / every day




2. fun / to school / with no friends



4. important / win all the time

LESSON 5

Phonics and Writing

- 1** Say the words with **ow** and **ou**. Circle the one that doesn't belong.
Listen and check.  TR: 33

1.



mouse



cloud



window



shower

2.



town



mountain



soup



towel

3.



playground



loud



cow



rainbow