

VIDEO

1. Watch the video and tick what you see.

- People swimming _____
- People running _____
- A chair _____
- A clock _____
- People playing volleyball _____
- People flying _____
- A bicycle _____
- The sea _____
- Breakfast _____
- Dinner _____

2. Watch again and choose the answers.

1. In a triathlon, athletes run, cycle and swim.

☐ True

☐ False

2. George is training with the Olympic swim team today.

☐ True

☐ False

3. George never eats breakfast after his swim.

☐ True

☐ False

4. George goes to a training camp in Spain.

☐ True

☐ False

3. Read and tick.



1 George trains every week.

☐

2 George always gets up early.

☐

3 He usually swims for two hours.

☐

4 George's favourite stroke is backcrawl.

☐

5 At training camp, George
skateboards and cycles every day.

☐

6 George surfs in the sea in Spain.

☐

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4. Correct the sentences that you don't tick.

George doesn't train every week. He trains every day.
