

# VIDEO

1. Watch the video and tick what you see.

- People swimming \_\_\_\_\_
- People running \_\_\_\_\_
- A chair \_\_\_\_\_
- A clock \_\_\_\_\_
- People playing volleyball \_\_\_\_\_
- People flying \_\_\_\_\_
- A bicycle \_\_\_\_\_
- The sea \_\_\_\_\_
- Breakfast \_\_\_\_\_
- Dinner \_\_\_\_\_

## 2. Watch again and choose the answers.

1. In a triathlon, athletes run, cycle and swim.

- True
- False

2. George is training with the Olympic swim team today.

- True
- False

3. George never eats breakfast after his swim.

- True
- False

4. George goes to a training camp in Spain.

- True
- False

## 3. Read and tick.



- 1 George trains every week.
- 2 George always gets up early.
- 3 He usually swims for two hours.
- 4 George's favourite stroke is backcrawl.
- 5 At training camp, George skateboards and cycles every day.
- 6 George surfs in the sea in Spain.


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## 4. Correct the sentences that you don't tick.

George doesn't train every week. He trains every day.

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