

**TEACHING AND LEARNING WORKSHEET-9**  
**LEVEL - I**  
**SUBJECT - ENGLISH, VII-CLASS**

**There are 15 MCQs in Section I and II.  
Section III is for Home Assignment.**

## SECTION-I

### Observe the picture



Now, choose the correct answer.

## 1. The picture is about

- A) bathing
  - B) washing face
  - C) washing hands
  - D) combing hair

2. Choose the sentence that tells about health.

- A) eat fresh fruits
  - B) take bath daily
  - C) brush your teeth
  - D) all of the above

3. According to WHO health is a state of complete mental ,spiritual , ....social wellbeing

A) and  
C) because

- B) that
- D) wherever

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4. Many people get sick because of .....  
A) drinking impure water      B) eating vegetables  
C) practising yoga      D) living in a healthy environment.

5. Cleanliness is also one of the most important elements of good health. Write the opposite of the Underlined word  
A) necessary      B) vital  
C) primary      D) unimportant

6. Prevention is better ..... cure  
A) than      B) then  
C) for      D) of

7. A Person who does good exercise maintains \_\_\_\_\_  
A) physical health      B) mental health  
C) A & B      D) illness

8. Hygiene refers to good practices and rituals .....lead to good health.  
A) that      B) who  
C) where      D) when

9. Choose the word similar in meaning for the word "Clean"  
A) cleanless      B) unclean  
C) dirty      D) tidy

10. Find the word which is not related to hygiene  
A) cleaning      B) sanitizing  
C) disinfecting      D) dirty

## Section - II

**In the given passage each numbered sentence from 11 – 15 has an error in the underlined part. Choose the right option to make it a correct sentence.**

World Hand washing day is annually observed on 15th October every year. (11)The global campaign is to raised awareness about the benefits of hand washing with soap.(12).Hand washing shouldn't be practiced as a daily habit and routine.(13) The main idea of observing the day is to recognize hand washing as one of the most effective techniques to control infections among the people. (14)It is also known as hand hygiene, is the act of cleaning won's hands to remove soil, micro organisms, or other unwanted substances. (15)Hand washing with soap throughout the day prevents the spread of much diseases.

11. The global campaign is to raised awareness about the benefits of hand washing with soap.

- A) to raised
  - B) to raising
  - C) to raise
  - D) raised

12. Hand washing shouldn't be practiced as a daily habit and routine.



13. The main idea of observing the day is to recognize hand washing as one of the most effective **technique** to control infections among the people.

- A) technique
  - B) technology
  - C) techniques
  - D) technical

14 It is also known as hand hygiene, is the act of cleaning **won** hands to remove soil.

- A) ones
  - B) one
  - C) once
  - D) one's

15. Hand washing with soap throughout the day prevents the spread of **much** diseases.

- A) many
  - B) more
  - C) most
  - D) lot