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EXPLANATION	Examples
An Adverb is a word that modifies verb, adjective and show how often they occur.	She <b>hardly ever</b> goes to the movies
Adverbs of frequency usually come after the verb <b>to be (is,are,am)</b>	I <b>am never</b> alone <b>Subject + to be + adverb</b>
Adverbs of frequency usually come before the verbs	She <b>usually takes</b> a shower only 5minuts <b>Subject + adverb + main verb</b>
Double negatives are not possible With never and hardly ever we use an affirmative verb: He never smokes	I <b>don't never</b> <b>never</b> text while driving

## Adverb of frequency:

We use them to answer the question how often...?

How often do you go to the dentist?

How often?

Always 100%

Usually 90 %

Often 75 %

Sometimes 50 %

Seldom 20 %

Hardly ever 10 %

Never 0 %

%







## EXERCISES

1

### I. Order the words in a logical form

1. go / usually / I / to bed / at 10:00 pm / . /

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2. weekends / to the cinema / goes / Katy / on / always / . /

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3. am / on / my / I / always / class / time / in / . /

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4. message / texts / at / the / sometimes / work / He / . /

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5. never / Simpsons / bored / are / The / . /

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6. morning / in / have / a / shower / I / the / always / . /

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7. shopping / My / does / on Saturday / the / mother / . / usually /

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8. evening / do / homework / the / in / You / don't / often / . /

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9. afternoon / never / exercise / You / in / do / the / . /

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10. night / He / plays / at / video games / hardly ever / . /

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## EXERCISES

2

**II. Choose the correct option to complete the following sentences correctly .**

1. I  to school in the morning
2. I  watch a love stories, I don't like them. I prefer watching an adventure film.
3. My father works at night only once a month.  
He  works at night
4. I  eat vegetables, because It is healthy
5. I  study English languages, two or three days a week
6. I went out with my friends last week because I was boring, since I  stay at home.
7. My sister  goes to bed early because she gets up to work very early too.