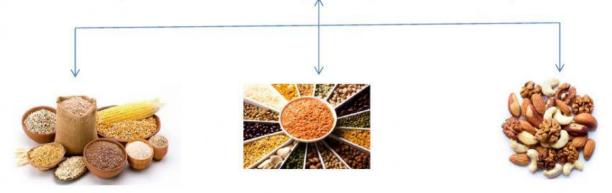
## **Food from Plants**

Food grains are the edible (eatable) seeds of some plants.



Fill in the blanks using the correct words from the word bank.

flavour	oils	Nuts	beverages
pulses	aroma	leaf	
1	are	considered l	nealthy snacks.
2. Spices add		and	to our food.
3. Tea and	d coffee are	examples of	<del>-</del>
4. Plants	such as mus	tard, olive, gr	oundnut and coconut give
us			
5. Kidney	beans, chick	peas and gre	en grams are examples of
g <del>-1-0-11-10-</del>			
6. Cabbag	e is a vegeta	ble which is	of the plant.