

# EXTREME SPORTS

*Extreme sports, also known as action sports or alternative sports, sporting events or pursuits characterized by high speeds and high risk. The sports most commonly placed in this group are skateboarding, snowboarding, freestyle skiing, in-line roller-skating, street lugeing, and BMX and mountain biking. Typically, extreme sports operate outside traditional mainstream sports and are celebrated for their adrenaline-pumping thrills. Racing and acrobatic competitions for motorcycles and snowmobiles are also often classified as "extreme," and the term can be stretched to include such daring pursuits as rock climbing and skydiving.*



Choose true or false for the following statements.

1. Another name of extreme sports is action sports.

TRUE

FALSE

2. Extreme sport are characterized as safe.

TRUE

FALSE

3. Skateboarding and snowboarding are extreme sports.

TRUE

FALSE

4. Racing acrobatic competitions are not considered as extreme sports.

TRUE

FALSE

5. Mountain biking is not an extreme sport.

TRUE

FALSE