

TWO SIDES OF A SPORT

✦ There are some positive reasons for doing sport. Here are some positive ideas, serious and not-so-serious. However, it is not all good news!! Sport has its problems, too. Here are a few of them.

Read these arguments write P for a positive idea or N for a negative idea.

What is each idea about? Read and choose a title for each idea.

Social effects Drugs Fashion Violence Training, Training, Training Lifeskills Fun Isolation

1. _____

Good athletes train every day. They often have no time for friends or fun. They forget about a 'normal' life. After years of this, some of them say 'No more!'. Many tennis stars begin when they are four or

five years old, and stop before they are twenty.

2. _____

Sport can help people in poor parts of the city. Doing sport can help them to fight against drugs and crime.

3. _____

Sport gives lots of opportunities to have fun.

4. _____

Many sports clothes are great fashion. So doing sport can be a reason for looking good!

5. _____

Athletes want to win. They eat special diets to be strong. Their bodies are very important for them. And sometimes they want to 'help' their bodies. Drugs can do this - but then the competition isn't fair. Sports people do tests of their blood and urine to detect drugs. Good players don't want to cheat.

6. _____

It's natural to support a football team. It's normal to want your team to win. It's good to be excited, and to cheer a goal. And it's great to celebrate after the match.

But some fans make a lot of trouble. They fight other fans. They drink a lot of alcohol, and are violent. The police have to control them. It's not sport, it's war. And that's sad for the players, and sad for the other spectators.

7. _____

Sport is great if you like it. If all your friends are good at sport, and you are not, it's no fun. Sport at school can be horrible for some people.

8. _____

There are winners and losers in sport, And there are winners and losers in life, too. So sport can prepare people for life. It can help us to overcome problems, and to help other people.