

Practice

Choose the best answer in each situation.

1. What do you do when you feel stressed?

2. What do you do when you feel sick?

3. Your friend is sick, ask him/ her for the symptoms

4. I don't have time to do my homework. What can I do?

5. I feel low on energy. What can I do?

6. My head hurts a lot.

7. You are in the library. _____

8. How do you reduce stress?