



## English: Level A1

WEEK 13



# Let's protect our mental health\*

## LET'S SELF-ASSESS!

Mantenernos activos en confinamiento nos ayuda a cuidar nuestra salud mental. ¿Qué actividades puedo realizar para divertirme sin poner en riesgo mi salud? ¿Cómo puedo mantenerme activa/o con las restricciones que existen debido al COVID-19? ¿Puedo describir en **inglés** qué actividades ayudan a cuidar nuestra salud mental?

Expresa cuánto sabes de inglés con las frases en la parte superior de la tabla. Marca con una "X" donde consideres que la respuesta es conveniente. Aquí, no hay respuestas correctas. Solo responde con honestidad.

| ¿Lo puedo hacer?                                                                                                                                                                    | No, necesito ayuda<br> | Un poco, pero necesito ayuda<br> | Sí puedo<br> | Sí puedo y muy bien<br> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| 1. ¿Puedo reconocer información específica en textos en inglés sobre actividades de tiempo libre de otras personas?                                                                 |                                                                                                           |                                                                                                                      |                                                                                                   |                                                                                                              |
| 2. ¿Puedo completar un mensaje de correo electrónico describiendo las actividades que me gustan y no me gustan realizar utilizando correctamente "like", "love" y "hate" en inglés? |                                                                                                           |                                                                                                                      |                                                                                                   |                                                                                                              |
| 3. ¿Puedo utilizar el conector "but" para unir dos oraciones correctamente?                                                                                                         |                                                                                                           |                                                                                                                      |                                                                                                   |                                                                                                              |

\* Material elaborado en colaboración con el British Council y RELO Andes de la Embajada de Estados Unidos.

## LET'S OBSERVE AND READ!

## OBSERVE: EXERCISE 1

Look at the pictures and **match** them with the actions from A to I. Follow the example.

## ACTIVITIES

1



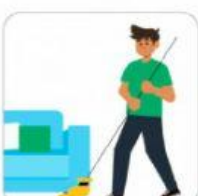
4



7



2



5



8



3



6



9



\_\_\_ A. swimming

\_\_\_ D. riding a bike

1 G. running

\_\_\_ B. cleaning

\_\_\_ E. doing homework

\_\_\_ H. cooking

\_\_\_ C. walking

\_\_\_ F. watching TV

\_\_\_ I. baking



## OBSERVE: EXERCISE 2

**Unscramble** the letters to form a word that represents the emoji.

TEHA

1.



\_\_\_\_\_

ELIK

2.



\_\_\_\_\_

VLOE

3.



\_\_\_\_\_

## LISTEN AND READ

**Listen to** and **read** Yuto and Dinya's emails about the activities they like doing in their free time.

### EMAIL 1



The screenshot shows an email client window. At the top, there's a browser-like address bar with back, forward, and refresh icons. Below it, the email header includes a circular profile picture of a young man (Yuto), the 'FROM:' field with 'yuto@yahoo.np', the 'TO:' field with 'chisom@outlook.ni', the 'SUBJECT:' field with 'My free time during lockdown', and the 'ATTACHMENT' field with a paperclip icon. To the right of the header is a purple envelope icon with three horizontal lines. The main body of the email contains the following text:

Dear Chisom,

How are you? Do you remember me? It's Yuto Kobayashi from Japan.

During the lockdown, I have more free time to do things I like. I love exercising every day. I like riding my bike every Saturday, but I hate running. I hate singing, but I love dancing in the afternoon.

My mother hates cooking every day, but she likes baking. She likes watching TV in the afternoon. She loves swimming in the pool every Sunday, but she hates swimming at the beach.

How about you and your parents? What do you like doing in your free time?

Your friend,

Yuto

### EMAIL 2



The screenshot shows an email client window. At the top, there's a browser-like address bar with back, forward, and refresh icons. Below it, the email header includes a circular profile picture of a young woman (Dinya), the 'FROM:' field with 'dinku11@look.org.in', the 'TO:' field with 'leo17@yahoo.co.uk', the 'SUBJECT:' field with 'My free time', and the 'ATTACHMENT' field with a paperclip icon. To the right of the header is a purple envelope icon with three horizontal lines. The main body of the email contains the following text:

Dear Leo,

How are you? Do you remember me? It's Dinya Kumar from India.

During the lockdown, I have more free time to do things I like. I like doing my homework in the morning. I love playing the guitar in the afternoon. I hate playing football, but I love watching football on TV every Saturday.

My brother Juan hates cooking, but he loves cleaning every day. He likes riding his bike every Friday, but he hates walking.

How about you and your brothers and sisters? What do you like doing in your free time?

Your friend,

Dinya

LET’S UNDERSTAND!

UNDERSTAND: EXERCISE 1

Draw one of the three emojis in the box to correctly represent Yuto and Dinya’s likes and dislikes. Follow the example:



|                                                                                           |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <br>YUTO |  |  |  |  |  |
|                                                                                           |  |                                                                                   |                                                                                   |                                                                                     |                                                                                     |



|                                                                                              |                                                                                     |                                                                                     |                                                                                     |                                                                                      |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <br>DINYA |  |  |  |  |
|                                                                                              |                                                                                     |                                                                                     |                                                                                     |                                                                                      |

UNDERSTAND: EXERCISE 2

Put a tick (✓) in the correct column about Yuto’s mother and Dinya’s brother. Follow the example:

| Questions                                      | Yuto’s mother | Dinya’s brother |
|------------------------------------------------|---------------|-----------------|
| Example: Who hates swimming at the beach?      | ✓             |                 |
| 1. Who hates cooking every day?                |               |                 |
| 2. Who likes riding her/his bike every Friday? |               |                 |
| 3. Who likes watching TV in the afternoon?     |               |                 |
| 4. Who loves swimming in the pool?             |               |                 |
| 5. Who hates walking?                          |               |                 |

# ¡NOTEMOS ALGO!

Esta semana hablaremos sobre las actividades que te gustan y que no te gustan realizar. Usaremos **love**, **like** y **hate**.

**A.** Al leer los correos de Yuto y Dinya, deduzco que **love** significa \_\_\_\_\_, **like** significa \_\_\_\_\_ y **hate** significa \_\_\_\_\_.

**B.** Marca la alternativa correcta. Puedes regresar a los correos de Yuto y Dinya para responder a estas preguntas.

1. ¿Qué se le aumenta al verbo que acompaña a **love**, **like** o **hate**?

- a. s                                      b. queda igual                                      c. ing

2. Entonces, ¿cuál es la oración correcta?

- a. I love watching TV.                                      b. I love watch TV.                                      c. I love watches TV.

3. Si hablo sobre otra persona, ¿cuál es la forma correcta de **love**, **like** o **hate**? Lee el correo de Dinya otra vez:

- a. My brother hate cooking.                                      b. My brother hates cooking.

**C.** Completa el siguiente cuadro:

| Pronombre     | Love- Like- Hate   | Verbo / Acción |
|---------------|--------------------|----------------|
| I             |                    | cooking        |
| You/ We They  | love - like - hate | swimming       |
| He / She / It |                    | doing homework |

**D.** Observa estas oraciones que describen dos acciones opuestas. Nota cómo unimos estas dos oraciones. ¿Puedes identificar otro ejemplo en los correos de Yuto o Dinya? Regresa a los correos y completa el número 3. Nota cómo se usa la coma (,):



1. I like riding my bike every Saturday, **but** I hate running.



2. My dad hates playing football, **but** he loves watching football on TV every Saturday.



3. \_\_\_\_\_

Nota 1: Al añadir 'ing' a la acción después de "love", "like" o "hate" toma en cuenta que, si el verbo original termina en **e**, esta es eliminada y se agrega **-ing**, por ejemplo: Ride = **riding**

Nota 2: El uso de conectores como 'but' convierte una oración simple en compleja.

PRACTISE: EXERCISE 1

A. **Correct** the following sentences. Follow the example:

Example:

|                                                          |                                                              |
|----------------------------------------------------------|--------------------------------------------------------------|
| <b>Wrong</b> ❌ I like play videogames every night.       | <b>Right</b> ✅ I like <b>playing</b> videogames every night. |
| 1. <b>Wrong</b> ❌ My mom hate cooking                    | <b>Right</b> ✅                                               |
| 2. <b>Wrong</b> ❌ I like rideing my bike every Saturday. | <b>Right</b> ✅                                               |
| 3. <b>Wrong</b> ❌ Fred love watch football.              | <b>Right</b> ✅                                               |
| 4. <b>Wrong</b> ❌ We like walk every day                 | <b>Right</b> ✅                                               |
| 5. <b>Wrong</b> ❌ My dad hate bake.                      | <b>Right</b> ✅                                               |

B. **Look** at the pictures about Kelly, Carlos and Luciano’s dad and create sentences using “love”, “like” or “hate”, and the linking word “but”. Follow the example:

|        |                                                                                     |                                                                                      |                                                                                       |
|--------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|        |    |     |    |
| My dad |   |                                                                                      |   |
| Carlos |                                                                                     |  |  |
| Kelly  |  |                                                                                      |  |

Example: My dad **likes cooking, but he hates singing** in his free time.

1. Carlos , but in his free time.
2. in her free time.

## Listening Comprehension: PRACTISE- EXERCISE 2

**Listen to** Julio describing the activities that he and his family like, love and hate doing in their free time. Then, circle the correct images. You will hear the conversation twice. Follow the example:

Julio's brother:



1. Julio:



2. Julio's sister:



3. Julio:



4. Julio's dad:



5. Julio's mom:

