

## UNIT 5, LESSON B: WEATHER EFFECTS

**B** Complete the sentences with the adjectives in the box. There is one extra. Can you think of other words to describe how you might feel?

desperate exhausting miserable pessimistic

1 We've never had this much snow before! I'm feeling pretty \_\_\_\_\_, stuck at home all day.


2 Third flood this year. I'm getting more and more \_\_\_\_\_ about climate change.

3 I heard on the news there's a fire coming our way. My family and I are \_\_\_\_\_ to escape.

### Skill identifying cause and effect

When listening, we often need to understand **why something happened** (the cause) and **what happened as a result** (the effect). Pay careful attention to:

- visual information that can help you understand what the speakers are saying.
- pronouns, so you don't get lost trying to understand what the speakers are referring to: ... *it snowed the entire time. This* (the fact that it snowed) *resulted in our flights being canceled.*
- verbs that describe a result: *Weather always impacts mood.*

**2**  5.7 Read the Skill box. Then watch or listen to the first part of *Talking Zone*. Number the effects of extreme weather in the order Joel mentions them.

- ☐ People sometimes help one another when a disaster happens.
- ☐ Extreme weather can put people under a lot of stress.
- ☐ The population, as a whole, is feeling more concerned about climate change.



**3 A** 5.7 Watch or listen again. Fill in the blanks with the words the speakers use to describe cause and effect.

- 1 As these stories become increasingly common, it \_\_\_\_\_ all of us.
- 2 Extreme weather can be so devastating that it can \_\_\_\_\_ every aspect of our lives. This has huge \_\_\_\_\_ for our emotional well-being.
- 3 Severe weather events can be very traumatic. They can \_\_\_\_\_ to feelings of stress and anxiety.
- 4 In 2012, Hurricane Sandy \_\_\_\_\_ New York to shut down. It was so severe in some areas that people's homes were badly damaged.

**5** 5.8 Watch or listen to the second part of the show. Are the sentences true (T) or false (F)?


- 1 In the U.S., some people avoid leaving the house during the winter months. \_\_\_\_\_
- 2 S.A.D. affects more people in winter. \_\_\_\_\_
- 3 Joel says people should get as much sunlight as possible. \_\_\_\_\_
- 4 Tasha agrees with Joel that people in warm climates are more optimistic. \_\_\_\_\_
- 5 Joel doesn't see a connection between weather and mental health. \_\_\_\_\_



### VOCABULARY: MOODS

Put a check (✓) to the adjective that describes a positive mood.

down   dynamic   energetic   enthusiastic   grumpy   lethargic  
miserable   motivated   optimistic   pessimistic

- 2  5.6 Complete the conversations with words from exercise 1 and the box below. Use each word only once. Listen and check.

**desperate   distressing   eager   exhausting   passionate   positive**

- 1 **A** It's e\_\_\_\_\_ to have to shovel snow. I get so tired!  
**B** I wouldn't be very e\_\_\_\_\_ to do that, either.
- 2 **A** Almost no one around here cares about climate change. I find that so d\_\_\_\_\_.  
**B** We need some new d\_\_\_\_\_ leaders who can make us feel more m\_\_\_\_\_.
- 3 **A** I'm not sure what's wrong with me today. I feel g\_\_\_\_\_ and l\_\_\_\_\_ – you know, just kind of d\_\_\_\_\_ in general.  
**B** That's because it's the shortest day of the year. It's hard to feel e\_\_\_\_\_ and e\_\_\_\_\_ when it gets dark at 4:30 p.m.!
- 4 **A** Is there anything you're really p\_\_\_\_\_ about – you know, something that excites you that you really care about?  
**B** Not really. I feel p\_\_\_\_\_ about the world these days! Thinking about the future makes me feel m\_\_\_\_\_!
- 5 **A** Why are you so d\_\_\_\_\_ to find a new job?  
**B** I really want to feel p\_\_\_\_\_ about work again.