

Name :

Adults 1

Everyday activities

Suzy Stressed

1. Read about Suzy



1. Susy wakes up at 7.00
2. She has a shower.
3. She gets dressed.
4. She has a coffee.
5. She goes to work by bus.
6. She starts work at 8.30.
7. She has lunch at work.
8. She finishes work at 6.30.
9. She goes shopping.
10. She gets home late.
11. She does the homework.
12. She watches TV and check emails.
13. She goes to bed late.

Henry Healthy

2. Now is your turn. Write about Henry



1. Henry _____ at 8.00 (get up).
2. He _____ (do exercise).
3. _____ (have breakfast)
4. _____ to work. (walk)
5. _____ early. (go home)
6. _____ Italian clases. (go to)
7. _____ the dog for a walk. (take)
8. _____ the dinner. (make)
9. _____ Italian homework. (do)
10. _____ (relax)
11. _____ (have a bath)
12. _____ for eight hours. (sleep)