



Date: September 3rd

Vocabulary Round-up

## Weighty health problems

A) Overweight: Study the examples, and then place the words in bold in the table.

1. She is not **obese** by any means, but she's put on weight and now has a rather heavy-set, **stocky** appearance: a bit like a stack of bricks, if the truth be told.
2. Humpty Dumpty comes to mind. He's gained 50 pounds and is now virtually **rotund** ! Kidding aside, I'm concerned. It's not healthy for anyone to be so **corpulent**.
3. What an adorable, **plump** little baby! Look at those **chubby** cheeks and **pudgy** fingers. She's a **tubby** one all right, but she'll soon lose her baby fat.
4. He used to be athletic, but he's totally out of shape now. Look at that **flabby** stomach.

Grossly overweight in an unhealthy way (big-bodied)	<i>(clinical, formal)</i>
	<i>(more descriptive, literary)</i>
Fat (somewhat insulting, impolite)	<i>(thick, solidly built)</i>
	<i>(fat and rounded)</i>
	<i>(with loose-hanging flesh)</i>
Fat in an attractive, pleasant way (often affectionate and/or funny)	<i>(softly rounded fleshy)</i>

B) Underweight: Match the synonyms on the left with their meanings on the right.

1. **Skinny-scrawny**

a) *So thin that one's bones stick out*

2. **Slender-willow**

b) *Thin, healthy, athletic-looking, with little or no fat*

3. **Wasted-emaciated**

c) *Painfully thin and unhealthy, like starving children*

4. **Bony-skeletal**

d) *Thin and weak-looking, like a scarecrow*

5. **Slim-lean-trim**

e) *Attractively long and thin, like a long-limbed ballerina or a tree with graceful branches.*

C) Choose the correct words or phrases according to their meanings.

1. state clearly/simplely

RELINQUISH

DECODE

SPELL OUT

2. have a strong effect on

TAKE HOLD OF

RELINQUISH

GALLOP

3. spread quickly and uncontrollably

DECODE

GALLOP

RELINQUISH

4. analyze to understand

GALLOP

DECODE

SPELL OUT

5. Surrender, give up the right to

RELINQUISH

GALLOP

TAKE HOLD OF

6. Depressing and alarming

BENIGN

GRIM

PLUMMETING

7. Harmless, gentle

BENIGN

PLUMMETING

GRIM

8. Responsible for a bad situation

IN A FLASH

PLUMMETING

AT FAULT

9. Quickly, instantly

AT FAULT

IN A FLASH

PLUMMETING

10. Dramatically falling, decreasing

PLUMMETING

GRIM

AT FAULT