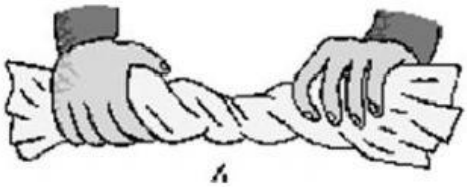
Look at the pictures below and write the force we use for each.

Twist	Push	Pull	Squeeze



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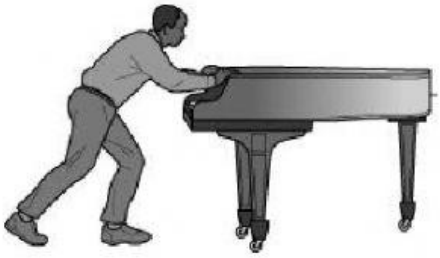

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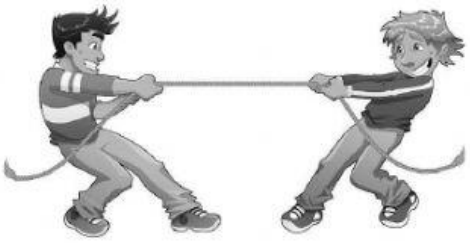

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