

**PARAÑAQUE RISEN CHRIST SCHOOL
FIRST QUARTER
S.Y. 2020-2021**

**TLE 7
Worksheet 1**

Name: _____

I. Identify the Different Methods of Cooking

- _____ 1. To cook in an enclosed heat like the oven
- _____ 2. To brown or cook in a small amount of fat or oil
- _____ 3. To cook uncovered without water, it is usually done in an oven
- _____ 4. To cook in hot oil or shortening
- _____ 5. To cook using intense heat radiated by electrical, gas or charcoal
- _____ 6. To cook in steam with or without pressure
- _____ 7. To cook in liquid at boiling point
- _____ 8. To simmer slowly in a small amount of liquid
- _____ 9. To cook immersed in large amount of oil or shortening
- _____ 10. To cook in small amount of oil or shortening