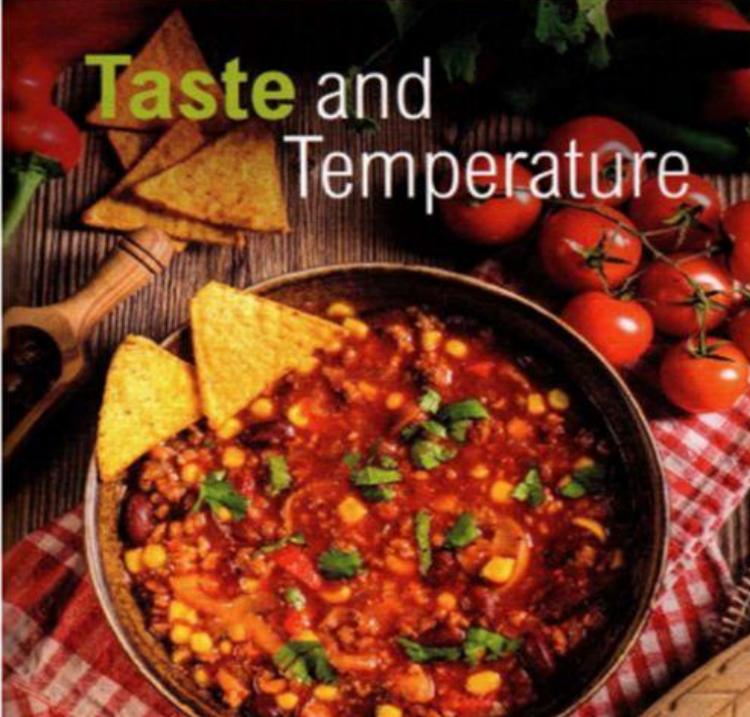


7  1.51 Complete the text with the words below. Listen and check. Can you think of other kinds of food that makes your mouth feel hot or cold when you eat them?

beef chilli coffee dishes drink ~~ice-cream~~ mint taste

Taste and Temperature



People usually enjoy ¹ice cream in the summer because it is cold, in the same way they enjoy hot tea or ²_____ in the winter. But did you notice that some food is not really hot or cold but makes you feel like that? For example, in some hot countries ³_____ lemonade is very popular. It's a cool, refreshing ⁴_____. But does this herb really make your mouth cold?

When you ⁵_____ mint flavours, your mouth sends a message to your brain: 'Hey, that feels cold!' In fact, it's a 'trick' because the temperature in your mouth doesn't change. Spicy ⁶_____ do the opposite, they make you feel hot. Take chilli con carne, for example — a famous Mexican dish with meat — usually ⁷_____ and beans, served with rice. ⁸_____ doesn't really make you hot. But it makes you FEEL hot.

