

To vs For

Use TO in these cases:

1. **Destination**
"We're going to Paris."
2. **What time it is**
"It's a quarter to 2."
3. **Distance**
"It's about ten miles from my house to the university."
4. **Comparing**
"I prefer sleeping to working."
5. **Giving**
"I gave the book to my sister."
6. **Motive/Reason – with verb**
"I came here to see you."

Use FOR in these cases:

1. **Benefits**
"Yogurt is good for your digestion."
2. **Period of time**
"We've lived here for 2 years."
3. **Schedule**
"I made an appointment for May 3."
4. **Agree with**
"Are you for or against the development of nuclear weapons?"
5. **Doing something to help someone**
"Could you carry these books for me?"
6. **Motive/Reason – with noun**
"Let's go out for a drink."
7. **Function – with verb (-ing form)**
"A ladle is a big spoon used for serving soup."

Read the following sentences and decide if it is correct to use "to" or "for"

1. I stopped _____ a coffee.
2. I stopped _____ have a coffee.
3. We work together _____ finish faster.
4. This program is made _____ understanding new techniques.
5. Sam works _____ 8 hours a day.
6. Jack prefers walking _____ swimming.
7. The students want to practice English _____ the test.
8. Drinking water is good _____ you.
9. It is about 15 min from my house _____ the gym.
10. They bought the pizza _____ the party.
11. These flowers are _____ your mother.
12. I will give the present _____ Melissa.
13. The big box is _____ saving new documents, the small one is _____ recycling.

14. John goes to school _____ his brother.
15. I made the call _____ him.
16. I need _____ call him.
17. Susy starts work at five _____ seven.
18. I made the appointment _____ April 2rd.
19. Could you give the class _____ me, please?
20. A bag is an object used _____ carrying different things.
21. These tennis shoes are _____ running.
22. Let's go to your house _____ dinner.
23. This card is _____ your birthday.
24. I want to learn English _____ my job. It's important _____ me because I want to move _____ a different country and also because it's good _____ my future.