

# To vs For

## Use TO in these cases:

1. **Destination**  
"We're going **to** Paris."
2. **What time it is**  
"It's a quarter **to** 2."
3. **Distance**  
"It's about ten miles from my house **to** the university."
4. **Comparing**  
"I prefer sleeping **to** working."
5. **Giving**  
"I gave the book **to** my sister."
6. **Motive/Reason – with verb**  
"I came here **to** see you."

## Use FOR in these cases:

1. **Benefits**  
"Yogurt is good **for** your digestion."
2. **Period of time**  
"We've lived here **for** 2 years."
3. **Schedule**  
"I made an appointment **for** May 3."
4. **Agree with**  
"Are you **for** or against the development of nuclear weapons?"
5. **Doing something to help someone**  
"Could you carry these books **for** me?"
6. **Motive/Reason – with noun**  
"Let's go out **for** a drink."
7. **Function – with verb (-ing form)**  
"A ladle is a big spoon used **for** serving soup."

Read the following sentences and decide if it is correct to use "to" or "for"

1. I stopped \_\_\_\_\_ a coffee.
2. I stopped \_\_\_\_\_ have a coffee.
3. We work together \_\_\_\_\_ finish faster.
4. This program is made \_\_\_\_\_ understanding new techniques.
5. Sam works \_\_\_\_\_ 8 hours a day.
6. Jack prefers walking \_\_\_\_\_ swimming.
7. The students want to practice English \_\_\_\_\_ the test.
8. Drinking water is good \_\_\_\_\_ you.
9. It is about 15 min from my house \_\_\_\_\_ the gym.
10. They bought the pizza \_\_\_\_\_ the party.
11. These flowers are \_\_\_\_\_ your mother.
12. I will give the present \_\_\_\_\_ Melissa.
13. The big box is \_\_\_\_\_ saving new documents, the small one is \_\_\_\_\_ recycling.

14. John goes to school \_\_\_\_\_ his brother.
15. I made the call \_\_\_\_\_ him.
16. I need \_\_\_\_\_ call him.
17. Susy starts work at five \_\_\_\_\_ seven.
18. I made the appointment \_\_\_\_\_ April 2rd.
19. Could you give the class \_\_\_\_\_ me, please?
20. A bag is an object used \_\_\_\_\_ carrying different things.
21. These tennis shoes are \_\_\_\_\_ running.
22. Let's go to your house \_\_\_\_\_ dinner.
23. This card is \_\_\_\_\_ your birthday.
24. I want to learn English \_\_\_\_\_ my job. It's important \_\_\_\_\_ me  
because I want to move \_\_\_\_\_ a different country and also because  
it's good \_\_\_\_\_ my future.