

Exercise 1: You are going to listen to an interview about how to improve our memory. Decide whether the following statements are True or False.

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| 1. People use memory in different ways | a. True | b. False |
| 2. We learn to use our memory as soon as we're born | a. True | b. False |
| 3. There are two different forms of memorization | a. True | b. False |
| 4. Association is the best way to remember things | a. True | b. False |
| 5. The term visualization means imagining a picture | a. True | b. False |
| 6. Visualization is useful to remember all types of things | a. True | b. False |
| 7. In visualization we can't use more than one image at a time | a. True | b. False |
| 8. History is a good subject to improve our memory | a. True | b. False |
| 9. Teaching helps us to memorize | a. True | b. False |
| 10. Our brains can be trained to be more effective | a. True | b. False |

Exercise 2: You will hear five different people talking about their favourite films. For statements 1 to 5, choose the corresponding speaker.

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| 1. This speaker likes a film that shows you not to judge people too quickly | | | | |
| a. Speaker A | b. Speaker B | c. Speaker C | d. Speaker D | e. Speaker E |
| 2. This speaker likes a film which tells a love story over the years | | | | |
| a. Speaker A | b. Speaker B | c. Speaker C | d. Speaker D | e. Speaker E |
| 3. This speaker has seen the film more than once | | | | |
| a. Speaker A | b. Speaker B | c. Speaker C | d. Speaker D | e. Speaker E |
| 4. This speaker prefers the first version of the film | | | | |
| a. Speaker A | b. Speaker B | c. Speaker C | d. Speaker D | e. Speaker E |
| 5. This speaker likes the scenes filmed in different countries | | | | |
| a. Speaker A | b. Speaker B | c. Speaker C | d. Speaker D | e. Speaker E |