



Watch the video



Look at the pictures. Complete the sentences. Use "Use to" or "used to". (use the video for information).



- 1a. Did the baby _____ stay up all night ?
1b. Yes, she did, but now she sleeps all night.



- 2a. How often do you eat red meat?
2b. I _____ eat red meat every night, but now I usually have fish.



- 3a. Did they _____ drive to work ?
3b. Yes, they did, but now they ride their bike.



- 4a. How often do you exercise?
4b. I _____ exercise every day, but now I exercise only on the weekends..



- 5a. What do you usually do after work?
5b. We _____ watch TV after work, but now we take dance classes twice a week.



- 6a. Did he _____ drink a lot of soda ?
6b. Yes he did, but now he drinks more water.

Directions: Write sentences about Sara as a young woman and Sara today. Use the information from the table below.



When Sara was young	Sara now
play sports	watches sports on TV
Skip breakfast	eat three meals a day
take vitamins	not take vitamins
drink coffee	drink tea
sleep late	get up early
eat fruit	eat junk food
exercise every afternoon	take a nap every afternoon

EX. When Sara was young, she used to play sports. Now she watches sports on TV.

1. _____.
2. _____.
3. _____.
4. _____.
5. _____.
6. _____.