



## Welcome to class N° 17

### Believe in yourself!!

1. Read the sentences and choose the right option



1 I got up early today. Bertie is **shocked** / relaxed!



2 True! It's important to be **positive** / annoyed!



3 I know how you feel, Bertie! I'm **exhausted** / confused, too.



4 Lucy gets **embarrassed** / positive when I take pictures of her! Long hair can be useful when your best friend has a new camera ...



5 My brother has an easy life! Gaming, messaging, and listening to music. I'm **jealous** / frightened.



6 At the beach with a good book – Sophie is really **relaxed** / stressed!



7 At the beach. I'm **confused** / embarrassed! Is it left or right for information?



8 Two weeks before exams! Rob is getting a bit **stressed** / annoyed.



9 Grrr! After two weeks, my new white sneakers are gray! I'm **annoyed** / exhausted!



10 Sleepover time! We ALWAYS watch a horror movie and we ALWAYS get **frightened** / jealous!

**Match the words with their definitions.**

- |               |          |             |     |
|---------------|----------|-------------|-----|
| 1 embarrassed | <u>d</u> | 6 relaxed   | ___ |
| 2 confused    | ___      | 7 exhausted | ___ |
| 3 frightened  | ___      | 8 annoyed   | ___ |
| 4 positive    | ___      | 9 shocked   | ___ |
| 5 stressed    | ___      | 10 jealous  | ___ |

- a when you can't understand something
- b happy and enthusiastic
- c a little angry
- ~~d shy or worried about what other people think of you~~
- e worried and tired
- f unhappy or mad because you want something that someone else has
- g very surprised, and maybe upset
- h scared
- i calm and not worried
- j very tired

**How do you feel in these situations? Use adjectives from exercise 4.**

- 1 You spend the day at the beach. relaxed, positive
- 2 Your mom sings in front of your friends.  
\_\_\_\_\_
- 3 You run ten kilometers.  
\_\_\_\_\_
- 4 Your friend buys an expensive phone.  
\_\_\_\_\_
- 5 Someone borrows your stuff, but doesn't ask you first. \_\_\_\_\_
- 6 You have lots of homework.  
\_\_\_\_\_
- 7 Your best friend is rude to you for no reason.  
\_\_\_\_\_

**Complete the words with *-ed* or *-ing*.**

- 1 I don't understand this movie. It's really confusing.
- 2 I like this music. It's really relax\_\_\_\_\_.
- 3 Did you hear the news about Tom? I was shock\_\_\_\_\_.
- 4 I forgot the teacher's name. It was really embarrass\_\_\_\_\_.
- 5 Don't be frighten\_\_\_\_\_. Bill is a friendly dog.
- 6 I'm going to bed early tonight. My weekend was exhaust\_\_\_\_\_!

**Copy and complete the sentences for you.**

**Then, in pairs, compare your sentences.**

- 1 I feel relaxed when I **don't have any homework**.
- 2 I feel annoyed when I ...
- 3 The most confusing subject at school is ...
- 4 I get stressed when I ...
- 5 When ..., I sometimes feel jealous.