Listen for details. Listen again. Choose the correct answer for each question. For some items, more than one answer is correct.

Listening Strategy

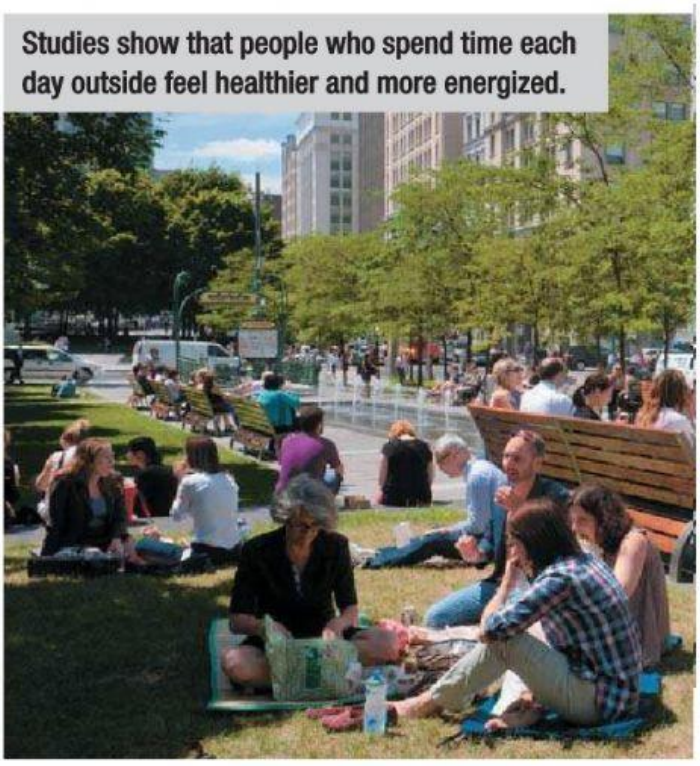
Listen for Details

Listen for detailed information.

1. How did Lea describe her symptoms?
   a. Her back was hurting. b. She felt dizzy. c. She had neck pain.
2. What did the doctor do?
   a. He sent her to the hospital. b. He asked her a question. c. He did some tests.
3. How many total hours a day was Lea sitting?
   a. 9–10 b. 11–12 c. 14–15
4. How can sitting be bad for your health?
   a. It can make it hard to go to sleep.
   b. It can affect your energy.
   c. It can make your muscles hurt.
   d. It can give you headaches.

Infer information. Listen to these lines from the audio. Choose the correct answer for each item.

1. Why did Lea say "no kidding" to Cooper /'kupər/?
   a. She was saying, "I'm surprised."
   b. She was saying, "I agree with you."
2. Why did the doctor ask Lea the strange question?
   a. He couldn't find anything else wrong with her.
   b. He didn't believe her symptoms.
3. Why did Lea say "you got it" to Cooper?
   a. To tell Cooper that he understood correctly.
   b. To tell Cooper that he might be sick, too.



Studies show that people who spend time each day outside feel healthier and more energized.