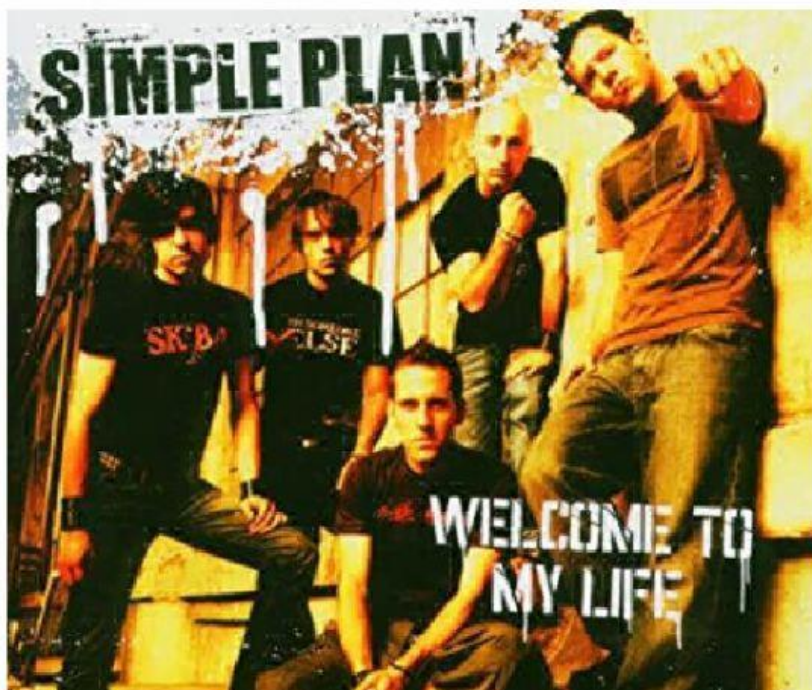


**Welcome To My Life**  
**By Simple Plan**

**1. Listen to the song. What is it talking about?**



**2. Now read the information below.**

The song is about how teenagers feel that no one understands them and some of the problems and frustrations that they are facing as they grow up. Do you feel that the teenage years are difficult?

In small groups make a list of things that you feel can be challenging. What have you done to overcome these?

**3. Look at the words and definitions in the chart below. Match the words to their correct definition.**

_____ To be stuck
_____ To run away
_____ To stab someone in the back
_____ To break down
_____ To fake a smile
_____ To lock yourself in
_____ To kick someone when they're down
_____ To be on the edge
_____ To turn up
_____ To be left out

a) to lose control of your feelings and start crying.
b) to increase the sound.
c) to continue to hurt someone when they are already defeated.
d) to be unable to move or be moved.
e) to be nervous, excited or bad tempered.
f) to not be included or mentioned in something.
g) to escape
h) to prevent someone from entering your room by locking the door.
i) to put on a false, not genuine happy expression.
j) to betray someone who trusts you

4. Listen to the song again and fill in the spaces with the missing words in the box and use some words from the previous exercise.

all right, deep, desperate, edge, ever (2), gave, had, hears, hurt, lost, place, pushed around, over, sick (2), somebody, straight, stupid, understands

### **FIRST VERSE**

Do you \_\_\_\_\_ feel like \_\_\_\_\_ ?

Do you \_\_\_\_\_ feel out of \_\_\_\_\_ ?

Like \_\_\_\_\_ you just don't belong

And no one \_\_\_\_\_ you

Do you ever wanna \_\_\_\_\_ ?

Do you \_\_\_\_\_ in your room?

With the radio on \_\_\_\_\_ so loud

That no one \_\_\_\_\_ you screaming

No you don't know what it's like

When nothing feels \_\_\_\_\_

You don't know what it's like

To be like me

### **CHORUS**

To be \_\_\_\_\_

To feel \_\_\_\_\_

To be \_\_\_\_\_ in the dark

To be \_\_\_\_\_ when you're down

To feel like you've been \_\_\_\_\_

To be on the \_\_\_\_\_ of \_\_\_\_\_

And no one's there to save you

No you don't know what it's like

Welcome to my life

### **SECOND VERSE**

Do you wanna be \_\_\_\_\_ else?

Are you \_\_\_\_\_ of feeling so \_\_\_\_\_ ?

Are you \_\_\_\_\_ to find something more?

Before your life is \_\_\_\_\_

Are you \_\_\_\_\_ inside a world you hate?

Are you \_\_\_\_\_ of everyone around?

With their big \_\_\_\_\_ smiles and \_\_\_\_\_ lies  
While \_\_\_\_\_ inside you're bleeding

No you don't know what it's like  
When nothing feels \_\_\_\_\_  
You don't know what it's like  
To be like me

### CHORUS

To be \_\_\_\_\_  
To feel \_\_\_\_\_  
To be \_\_\_\_\_ in the dark  
To be \_\_\_\_\_ when you're down  
To feel like you've been \_\_\_\_\_  
To be on the \_\_\_\_\_ of \_\_\_\_\_  
And no one's there to save you  
No you don't know what it's like  
Welcome to my life

### THIRD VERSE

No one ever lied \_\_\_\_\_ to your face  
And no one ever \_\_\_\_\_ you in the \_\_\_\_\_  
You might think I'm happy but I'm not gonna be okay  
Everybody always \_\_\_\_\_ you what you wanted  
You never \_\_\_\_\_ to work it was always there  
You don't know what it's like, what it's like

### CHORUS

To be \_\_\_\_\_  
To feel \_\_\_\_\_  
To be \_\_\_\_\_ in the dark  
To be \_\_\_\_\_ when you're down  
To feel like you've been \_\_\_\_\_  
To be on the \_\_\_\_\_ of \_\_\_\_\_  
And no one's there to save you  
No, you don't know what it's like  
Welcome to my life, Welcome to my life, Welcome to my life