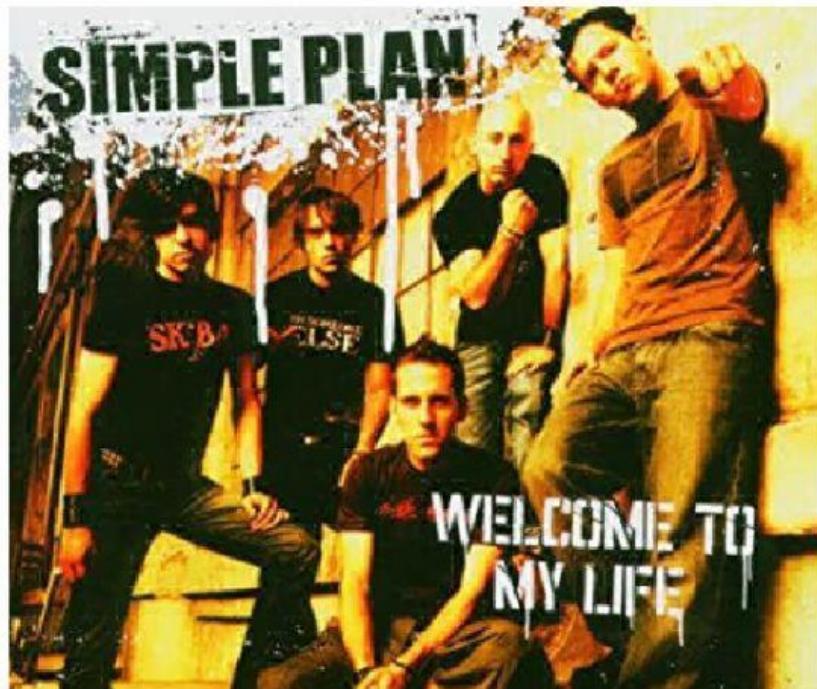


Welcome To My Life
By Simple Plan

1. Listen to the song. What is it talking about?



2. Now read the information below.

The song is about how teenagers feel that no one understands them and some of the problems and frustrations that they are facing as they grow up. Do you feel that the teenage years are difficult?

In small groups make a list of things that you feel can be challenging. What have you done to overcome these?

3. Look at the words and definitions in the chart below. Match the words to their correct definition.

- To be stuck**
- To run away**
- To stab someone in the back**
- To break down**
- To fake a smile**
- To lock yourself in**
- To kick someone when they're down**
- To be on the edge**
- To turn up**
- To be left out**

- a) to lose control of your feelings and start crying.
- b) to increase the sound.
- c) to continue to hurt someone when they are already defeated.
- d) to be unable to move or be moved.
- e) to be nervous, excited or bad tempered.
- f) to not be included or mentioned in something.
- g) to escape
- h) to prevent someone from entering your room by locking the door.
- i) to put on a false, not genuine happy expression.
- j) to betray someone who trusts you

4. Listen to the song again and fill in the spaces with the missing words in the box and use some words from the previous exercise.

all right, deep, desperate, edge, ever (2), gave, had, hears, hurt, lost, place, pushed around, over, sick (2), somebody, straight, stupid, understands

FIRST VERSE

Do you _____ feel like _____?

Do you _____ feel out of _____?

Like _____ you just don't belong

And no one _____ you

Do you ever wanna _____?

Do you _____ in your room?

With the radio on _____ so loud

That no one _____ you screaming

No you don't know what it's like

When nothing feels _____

You don't know what it's like

To be like me

CHORUS

To be _____

To feel _____

To be _____ in the dark

To be _____ when you're down

To feel like you've been _____

To be on the _____ of _____

And no one's there to save you

No you don't know what it's like

Welcome to my life

SECOND VERSE

Do you wanna be _____ else?

Are you _____ of feeling so _____?

Are you _____ to find something more?

Before your life is _____

Are you _____ inside a world you hate?

Are you _____ of everyone around?

With their big _____ smiles and _____ lies

While _____ inside you're bleeding

No you don't know what it's like

When nothing feels _____

You don't know what it's like

To be like me

CHORUS

To be _____

To feel _____

To be _____ in the dark

To be _____ when you're down

To feel like you've been _____

To be on the _____ of _____

And no one's there to save you

No you don't know what it's like

Welcome to my life

THIRD VERSE

No one ever lied _____ to your face

And no one ever _____ you in the _____

You might think I'm happy but I'm not gonna be okay

Everybody always _____ you what you wanted

You never _____ to work it was always there

You don't know what it's like, what it's like

CHORUS

To be _____

To feel _____

To be _____ in the dark

To be _____ when you're down

To feel like you've been _____

To be on the _____ of _____

And no one's there to save you

No, you don't know what it's like

Welcome to my life, Welcome to my life, Welcome to my life