

Vocabulary Practice

Name: _____

Student's Book Vocabulary Practice

Fill in the blanks with: **room, challenge, moves, personal, levels, shape, energy, intensity, goals, expert.**

1. Stay in _____.
2. Reach your _____.
3. _____ supervision.
4. Fitness _____.
5. Full of _____.
6. Dance _____.
7. High _____ workout.
8. _____ yourself.
9. _____ trainer.
10. Scented _____.

Fill in the blanks with: **at, with, on, in, for or of.**

1. To take advantage _____.
2. To put pressure _____.
3. Part _____ a team.
4. _____ all your needs.
5. _____ your own.
6. To compete _____ sb.
7. _____ the same time.
8. To take part _____ sth.

Select the correct word.

1. The **referee/player** blew his whistle to start the game.
2. The baseball player hit the baseball with his **bat/glove**.
3. Sean is very good at **volleyball/golf ball**.
4. Paul practices on the basketball **court/field** everyday.
5. The **coach/instructor** made the athlete train for 6 hours.