

Sitcom: What's in the salad?

SCENE 1

A. Read the statements. Then circle the responses you hear in the video episode.

Statements	Responses
1. Waitress: "Are you ready to order?"	a. "Sure." b. "We are."
2. Cheryl: "Excuse me. I have a question."	a. "Yes?" b. "Okay"
3. Cheryl: "What does it come with?"	a. "French fries." b. "Salad."
4. Cheryl: "What's in the sauce?"	a. "Lettuce, carrots, peppers, onions, egg ..." b. "Lemon, butter, milk ..."

B. What are the ingredients in each dish? Circle the ingredients the waitress talks about.

1. The lamb is cooked with ____.	pepper	onions	salt
2. The tomato salad is made with ____.	garlic	onions	olive oil
3. The fish is made with ____.	lemon	butter	yogurt
4. The large salad is made with ____.	tomatoes	carrots	egg

C. Complete the sentences. Circle the correct answers.

- Cheryl does not eat a lot of ____.
a. vegetables b. dairy c. meat
- Cheryl wants ____ instead of french fries.
a. a tomato salad b. a mixed green salad c. grilled vegetables
- Cheryl does not want the lamb because it has a lot of ____.
a. salt b. pepper c. oil
- Cheryl decides to have ____ for an appetizer.
a. a tomato salad b. a mixed green salad c. nothing
- Cheryl decides to have a large salad with no ____.
a. tomato b. egg c. onion

SCENE 2

A. Check ☒ each statement True or False.

	True	False
1. Cheryl eats some of Bob's dessert.	☐	☐
2. Marie wants to know how many calories are in the cake.	☐	☐
3. Cheryl tells her friends to eat healthy food.	☐	☐
4. Paul doesn't think vegetables are good for snacks.	☐	☐
5. The waitress gives Bob the check.	☐	☐

B. Check ☒ the health tips Cheryl talks about in the video episode.

☐ Don't eat dessert.	☐ Don't eat foods with a lot of calories.
☐ Eat seafood.	☐ Drink a lot of water.
☐ Don't eat chocolate.	☐ Eat small portions.
☐ Don't eat potato chips.	☐ Eat meat.
☐ Don't eat a lot of bread.	☐ Eat vegetables for snacks.

C. Complete the sentences with words from the box.

cake vegetables cookies dessert french fries



1. "I love _____."



2. "Do you know how many calories are in that _____?"



3. "Or how much salt was on your _____?"



4. "Tomorrow, I'm eating lots of _____ for snacks."



5. "And I'm having potato chips, _____ for breakfast ..."

Interview: Do you eat healthy foods?

A. Circle the foods each person talks about.



nuts
fruit
fish
vegetables



ice cream
soda
chips
candy



potatoes
yogurt
chicken
rice



an egg
bacon
milk
wheat toast

B. Check ☒ each statement True or False.

	True	False
1. Lorain always eats healthy foods.	☐	☐
2. Matt is not a big fan of spicy foods.	☐	☐
3. Jessica says it's OK to eat sweet foods, but not too much.	☐	☐
4. Cortyan never eats vegetables.	☐	☐
5. Matt says wheat toast is part of a good breakfast.	☐	☐

C. Fill in the missing words you hear in the video segment.



"In your opinion, what is healthy food?"
"I think like a lot of green things like _____ 1. _____ and _____ 2. _____ and _____ 3. _____ are very healthy."



"What foods would you consider unhealthy?"

"Those fast foods, _____ 4. _____ um ... _____ 5. _____"