



Read and choose the correct word



You _____ wash your hands for 20 seconds.



You _____ use your elbow when you cough or sneeze.



You _____ clean and disinfect your house.



You _____ wear a face mask.



You _____ touch your eyes, nose and mouth.



You _____ stay away from sick people.



You _____ stay at home.



You _____ meet old people.



You _____ go outside.



You _____ go to bed late.



You _____ eat healthy food.



You _____ exercise.