

## LISTENING: SPORTS CENTRES

Listening to the people introducing two different sports centres and do the exercises to practise and improve your listening skills.

### BEFORE YOU LISTEN

**WRITE the words in the correct group.**

Lifeguard - dance teacher - weight machines - sauna -  
Jazz dancing - secretary - swimming pool - changing rooms -  
Water aerobics - Pilates - Zumba - personal trainer

GYM STAFF	GYM FACILITIES	GYM CLASSES

## WHILE YOU LISTEN

### 1. **SELECT** "Gym A" or "Gym B" for these sentences. Which gym has....

A good air-conditioning system?	Gym A	Gym B
Dance classes?	Gym A	Gym B
A shop?	Gym A	Gym B
A café?	Gym A	Gym B
A bigger gym with more machines?	Gym A	Gym B
A swimming pool?	Gym A	Gym B
A sauna?	Gym A	Gym B
Martial arts classes?	Gym A	Gym B

### 2. **Multiple choice. SELECT** the correct option. Only one possibility is correct.

<p><b>Gym A has...</b></p> <p>A) Lots of activities in the evenings.            B) A few different activities at different times.            C) Lots of differen activities at different times of day.</p> <p><b>Gym A...</b></p> <p>A) moved into a new building ten years ago.            B) Built a sauna ten years ago.            C) Opened ten years ago.</p> <p><b>In gym A, you can have a massage....</b></p> <p>A) at a reasonable price.            B) Free if you are a member.            C) If you book in advance.</p> <p><b>You can borrow...</b></p> <p>A) towels and yoga mats from the gym.            B) Towels from the gym.            C) Yoga mats from the gym.</p>	<p><b>Gym B can give you advice about...</b></p> <p>A) training, lifestyle and diet.            B) Sports injuries and diet.            C) How to become a professional athlete.</p> <p><b>In the main gym, you must:</b></p> <p>A) Use a towel.            B) Wear trainers.            C) Take a bottle of water.</p> <p><b>The lifeguard can also...</b></p> <p>A) give you some tips to improve your swimming.            B) Demonstrate the best way to swim.            C) Give you swimming lessons.</p> <p><b>The timetable for the classes is...</b></p> <p>A) available online.            B) In a brochure.            C) In the noticeboard.</p>
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