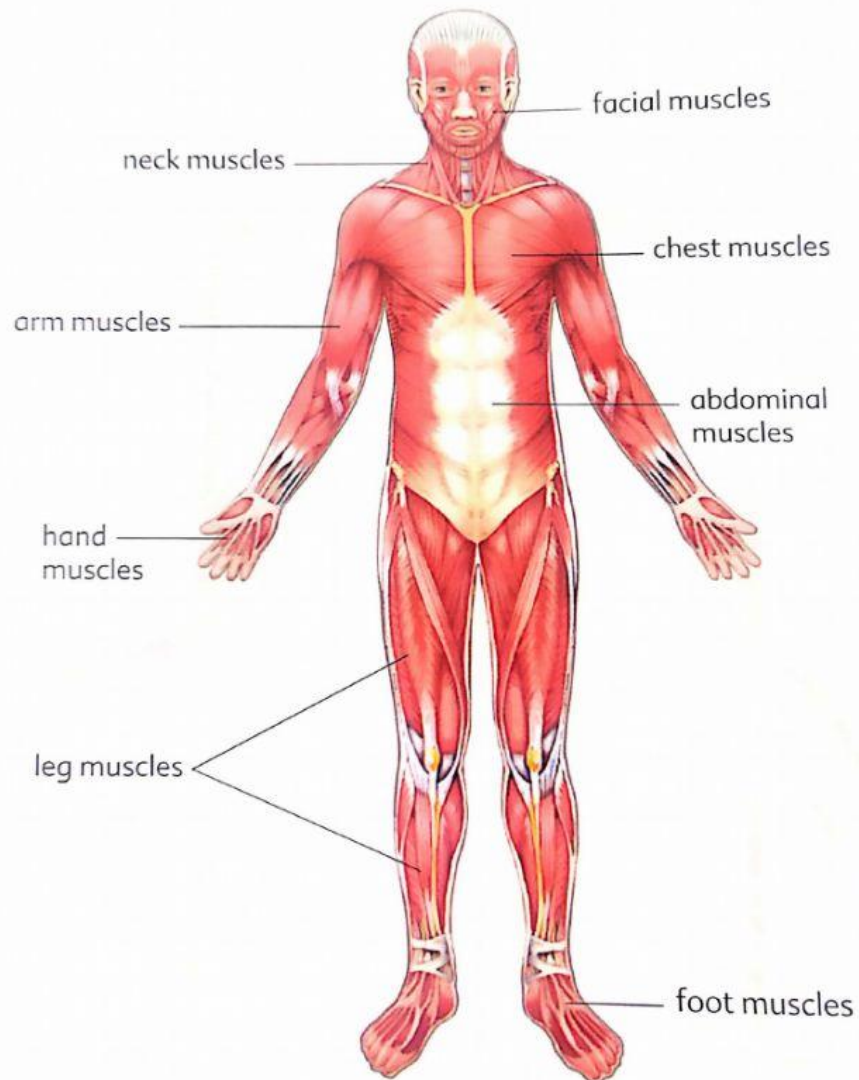


MUSCLE PUZZLE

Communicate: to knowledge of our muscular system and their uses

Study the diagram below and answer the question on the next page.



1. Which muscles do we use when we smile?
2. Which muscles allow us to turn our head?
3. Name two actions we can do with our legs muscles.
4. Name two actions we can do with our arm and hand muscles.
5. When we breathe in and out, which muscles are we using?
6. Our muscular system plays an important role in movement during our daily activities. List two ways in which we can care for our muscular system!