



PERÚ

Ministerio  
de Educación

GRE La Libertad

UGEL  
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en casa

## ENGLISH: Level Pre A1

WEEK 06

## Healthy Food!

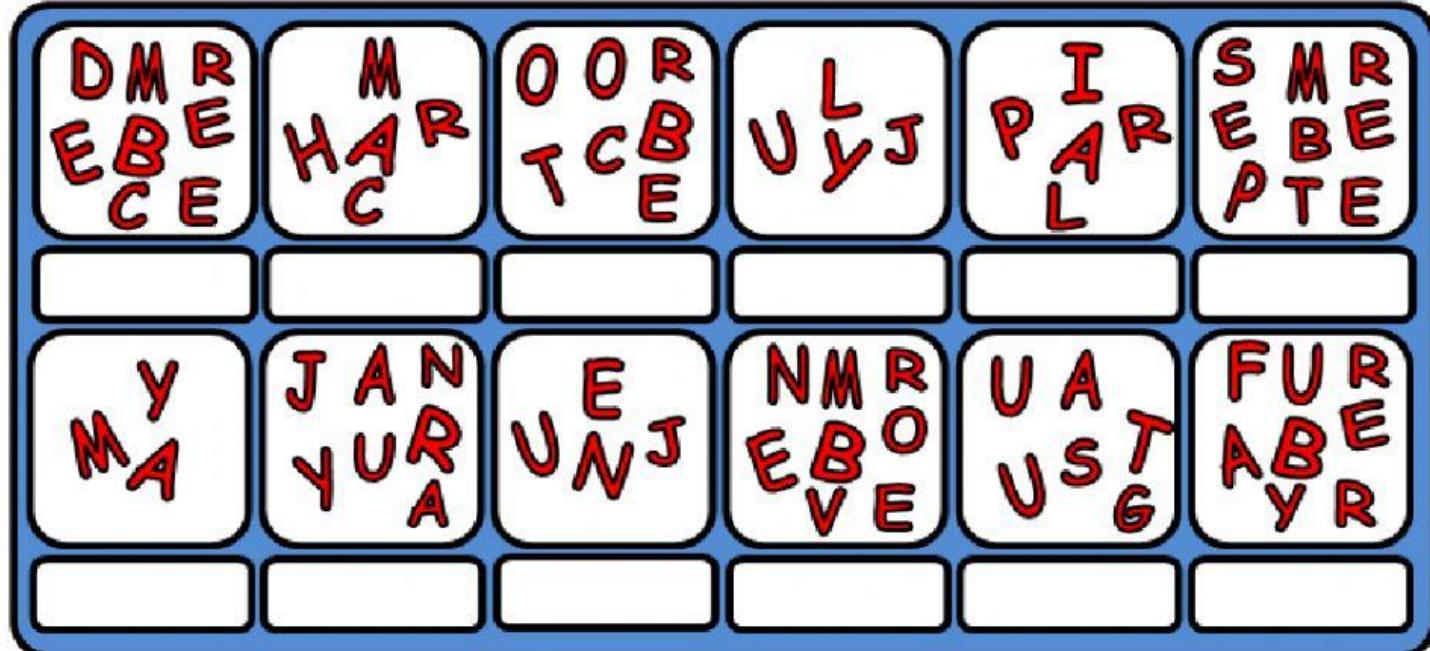
## ACTIVIDAD 1

## Superfoods

## Exercise 1

Unscramble the words to write the months of the year, then listen (  ) and record (  ) your own pronunciation.

# MONTHS OF THE YEAR



## LET'S PRACTICE!

## PRACTICE EXERCISE 1

Read the text and complete the chart. Follow the example.



What are sweet potatoes?

They are super roots. Sweet potatoes are orange, purple, orange-red or white. They are from the central coast of Peru. Sweet potatoes are in season all year.

## SWEET POTATOES

FOOD GROUP	
COLOR	
FROM	
IN SEASON	



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## PRACTICE EXERCISE 2

Look at the chart and complete the text with the correct information. Follow the example.



1. What are sweet peppers ?
2. They are
3. They are
4. They are from
5. Sweet peppers are in season

## SWEET PEPPERS

FOOD GROUP	Super vegetables
COLOR	Red, yellow, orange, or green
FROM	Peru and Bolivia
IN SEASON	All year.

## PRACTICE EXERCISE 3

Complete the sentences using “is” or “are”. Follow the example.



## COUNTABLE NOUNS

“IS or ARE”

Example:

Singular

soursop



It is green.

It's green.

Plural

soursops



They are green.

They're green.



## UNCOUNTABLE NOUNS

“IS”

Example:

Singular

cañihua



Cañihua is from the Peruvian Andes.

It is from the Peruvian Andes.

It's from the Peruvian Andes.

**Maca, sacha inchi and muña** have NO plural. Go back to: “**NOTEMOS ALGO**” and see a list.

1. Olives are from the coast of Peru.
2. Maca in season from May to August.
3. Sweet potatoes in season from January to December.
4. Sweet peppers red, yellow, orange and green.
5. Sacha Inchi bright yellow.
6. Yuccas super roots.