

Ma Tau Chung Government Primary School
 Primary 4 English
 Vocabulary Pre-test
 Theme: A Healthy Diet



Name: _____ () Date: _____
 Class: _____

Food contains different nutrients to keep us healthy. Fill in the blanks with correct words.

bread	diseases	fish	grow	vitamins
vegetables	energy	cheese	rice	dairy products

	Food Examples	Functions
Protein	<ul style="list-style-type: none"> ➤ meat ➤ 1. _____ 	<ul style="list-style-type: none"> ➤ Make us strong. ➤ Help our bodies 2. _____.
Carbohydrates	<ul style="list-style-type: none"> ➤ potatoes ➤ 3. _____ ➤ 4. _____ 	<ul style="list-style-type: none"> ➤ Give us 5. _____.
6. _____	<ul style="list-style-type: none"> ➤ oranges ➤ strawberries ➤ 7. _____ 	<ul style="list-style-type: none"> ● Stop us from getting sick. ● Help us fight against 8. _____.
Minerals	<ul style="list-style-type: none"> ➤ milk ➤ 9. _____ ➤ 10. _____ 	<ul style="list-style-type: none"> ● Keep our teeth and bones strong.