

A | Read the information and fill in each blank with the correct form of a word from the box.

attribute

equivalent

initially

legislation

prior to

A recent report stated that most illnesses can be (1) _____ to lifestyle-related causes such as stress at work or not being physically active. Joining a health club or gym can be a great way to get in shape and stay healthy. It's important to get as much information as you can about a health club (2) _____ joining one and starting to pay membership fees. Here are some things to do when you (3) _____ visit a health club:

- Take a tour of the club and inspect every part of it.
- Ask if members have to pay a fee if they cancel the membership. Some clubs charge members a high fee if they decide to leave.
- Ask about the qualifications of the instructors. All instructors should be certified in fitness instruction and life-saving skills or have (4) _____ qualifications.

It's also important to know your rights as a health club member. Most areas have laws protecting health club customers. Visit the government's consumer affairs Web site to find out about new (5) _____ about health clubs that has been passed.