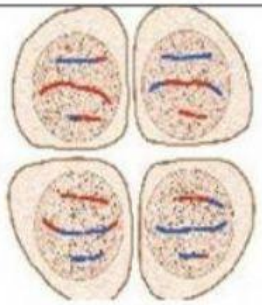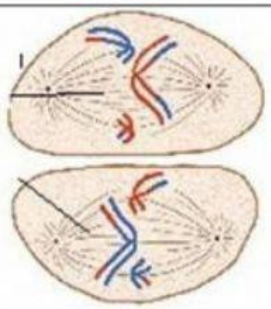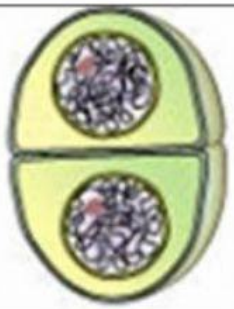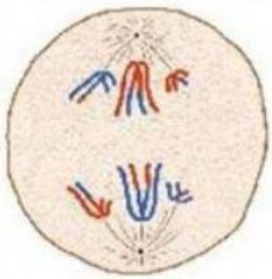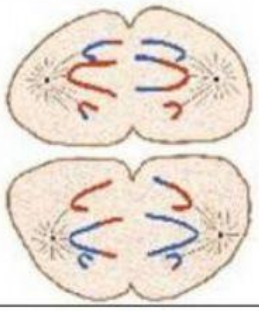1. Nombra cada una de las fases de la meiosis.