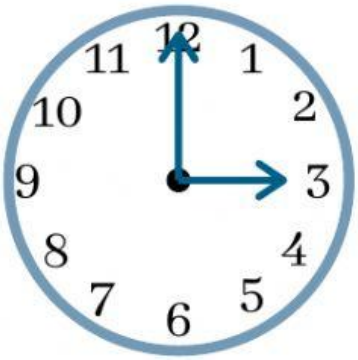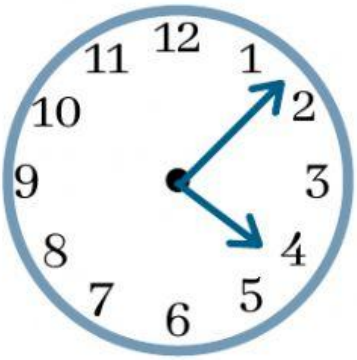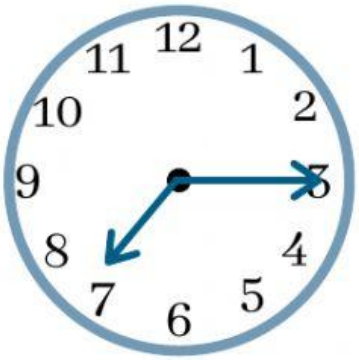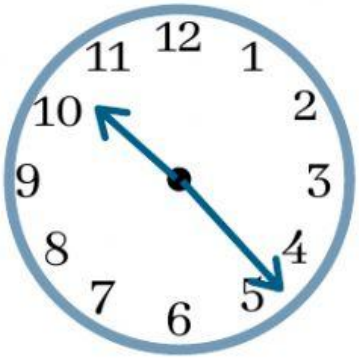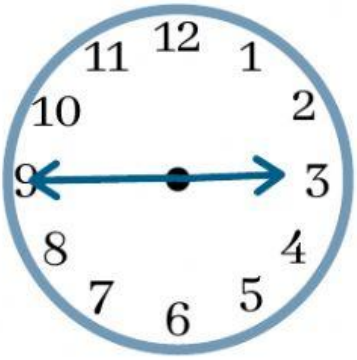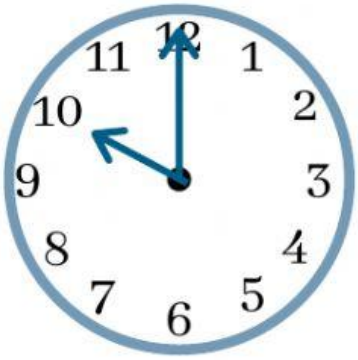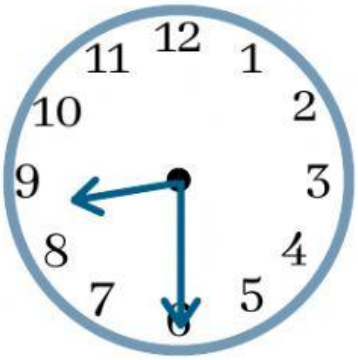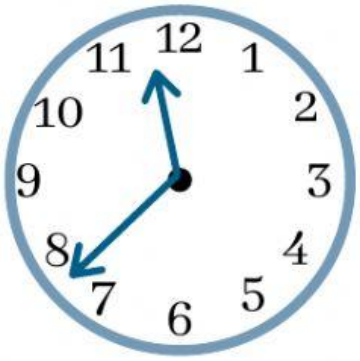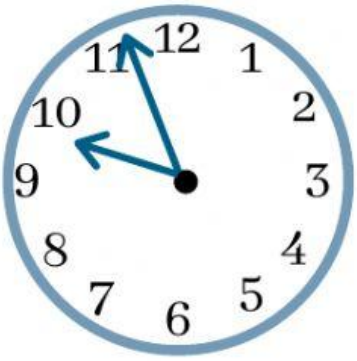L'HORA EN CATALÀ