

# ADVENTURE SPORTS

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➤ How many of these sports do you know? **Quants d'aquests esports coneixes?**  
Click on each word to hear the names. **Clica sobre les paraules per sentir els noms.**



**Rafting**



**Paragliding**



**Skydiving**



**Canyoning**

## Climbing



## Riding



## Kayaking





**Hidrospeed**



**Bungee jumping**



**Paramotoring**



**Speleology**

- Have you ever practiced any of them? Has practicat mai cap?
- Which one of them? **Quin?**

➤ Where does each sport take place? *On es practica cada sport?*



Mountain



water



air



Hidrospeed



Bungee jumping



Climbing



Paramotoring



Speleology



Paragliding



Kayaking



Riding



Rafting



Skydiving



Canyoning

➤ Click on the picture to hear the pronunciation of each object. *Clica sobre la imatge per sentir la pronunciació de cada objecte.*

➤ Put the names in their place. *Posa els noms al seu lloc.*



Rem



Bot



Caiaç



Casc



Armillà  
Salvavides



Neoprè



Arnès



Paracaigudes



Tabla  
d'hidrospeed



Cordes



Llum frontal

**Ropes**  
**Harness**  
**Parachute**  
**Neoprene**  
**Head lamp**  
**Hydrospeed board**  
**Paddle**  
**Life jacket**  
**Kayak**  
**Raft**  
**Helmet**

➤ In this video you will find other extreme sports. Enjoy them!

En aquest vídeo trobaràs altres esports extrems. Gaudeix-los!



<https://www.youtube.com/watch?v=AQkbbtDoPq0>

➤ Fill the blanks. Omple els buits.

(Riding, climbing, speleology, hidrospeed, kayaking, bungee jumping, skydiving, canyoning).

1. The sport of moving around on rocks or walls.
2. The sport in which you ride a horse.
3. Move around in a small, narrow boat with a paddle.
4. Ability to descend through streams over jumps and waterfalls.
5. Sliding down the river lying on a board.
6. Jumping from a plane and perform acrobatic figures with your own body.
7. Exploring caves and corridors within the rocks.
8. Jumping off a bridge tied to a rope.

