



### to be under the weather

#### *Definition and origin*

to feel sick.

There is one popular theory about the origin of under the weather that connects it with sailing. Supposedly, when a sailor wasn't feeling well, he would retreat below deck, out of the "weather" above, where he could be described as under the weather.

#### *example*

I did not go to work today, as I was feeling a bit **under the weather**. Source: theidioms.com

*It took me out for a month.*