

PATIENT X

1. The concept of health is not only connected to eating well, right?

Listen to Dr Robbins explaining more about this, so that you can complete the following sentence.



Being **healthy** is...

- a. Paying attention to the food you eat.
- b. Watching your food and doing physical exercise.
- c. Watching your body, and also your feelings.

2. This is the story of one of her patients, whose name we are not going to reveal. That's why she called them "Patient X". Read the text so that you can answer a question. Don't worry about the options. You will be working on them in activity 3.

What type of health is the text about?

We moved to a new city last year and I had to go to a new school, **who / which** I liked. I made new friends **who / which** were very nice. But there was a kid **who / which** didn't like me. He waited for me everyday. He said horrible things **who / that** weren't true. It was an experience **who / that** made me very unhappy. But I told the teachers **who/which** I trust. Now the kid has apologised and stopped doing what he used to do.



3. Now read it again and as you read it, choose the correct word (who, which or that).
Keep this at hand because we are going to check it tomorrow at our Zoom meeting.

4. Optional task: You can answer some of these questions.

- a. Do you think this could happen in any school?
- b. Have you ever heard of a similar case? If your answer is yes, feel free to write about it.