



OPTIMISE B1 - UNIT 8

LISTENING

- 1**  **UTTrack 8** Listen to someone talking about sweatshirts. Read the phrases below and, as you listen, underline the word that is wrong and write the correct word.

- 1 ... the first sports sweatshirts were black and made of thick, soft cotton. _____
- 2 ... colleges started using sweatshirts as a popular way of advertising themselves. _____
- 3 In the 1970s, sweatshirts with pockets were seen in films. _____
- 4 Today, putting messages on sweatshirts is popular with both companies and users. _____
- 5 Sweatshirts are great for formal events. _____

___/5

- 2**  **UTTrack 8** Listen again and write the missing information in each gap.

The History of the Sweatshirt

Origins: First sweatshirts for sport made in the (1) _____ in New York.


Used by both athletes and (2) _____ in the city.

1960s: Sweatshirts with (3) _____ on the front were popular with students.

1970s: Sweatshirts became popular with (4) _____ after watching the film *Rocky*.

1982: The film *E.T.* features a boy with a (5) _____ sweatshirt with a hood.

___/5

- 3**  **Track 8** For each question, write the correct answer in the gap. Write one or two words or a number or a date or a time.

You will hear part of a training session for people who are going to work as sales assistants in a large shop.

Training session for new sales assistants

The training manager is called Mandy (1) _____.

New assistants will work on the (2) _____ floor.

Part-time workers have a rest day on (3) _____ every week.

Workers who live in the town can use the store's (4) _____ service for free.

The staff discount cannot be used to buy (5) _____.

Assistants need to collect their (6) _____ on their first day.



Exam tips

- You will hear different words or numbers that fit the space, but only one of them will be correct.
- Usually you only have to write one or two words in each space.
- You only need to write words you hear. You don't need to change them.